

GYMNASTICS



**OLYMPIC
FESTIVAL
CHAMPIONS**

.....
**SHELLEY ENGEL
& JAIR LYNCH**

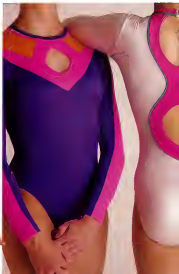


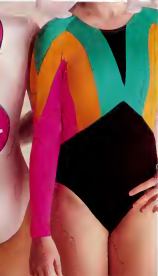
Photo: Dave Rode



ELITE SPORTSWEAR/GK

ELITE SPORTSWEAR IS PROUD TO BE THE OFFICIAL COMPETITIVE APPAREL SUPPLIER FOR THE USGF NATIONAL AND WORLD CHAMPIONSHIP TEAMS THROUGH 1992





PINA ELITE
SPORTSWEAR, LTD.

6200 Spruce St.

Reading, PA 19602

phone 1-800-345-6083

and 215-376-9633



1995 Junior Olympic Nationals



Alpha Factor



The evolution of an entirely new species.

Introducing Alpha Factor *AERIALS*.

The missing link between practice and performance. Alpha Factor Aerials. A bold new line of pro-shop practice wear your students will flip over.

These new leotards, shirts, pants and warm-ups are made with the same legendary reliability and fit of Alpha Factor competitive wear. But with a fresh flair for prints and styles to boost your pro-shop business sky-high. We'll even get you started with eye-popping merchandising displays, posters and other materials to create your own profit center. Because it is, after all, survival of the fittest.

Alpha Factor



Aerials

Write to us on your school,
club or business letterhead for a free brochure.

ALPHA FACTOR, 333 East Seventh Avenue • P.O. Box 709 • York, PA 17405-0709 • Phone (717) 852-6920 or 1-800-6ALPHAS

© 1993 Alpha Factor, Inc.

CONTENTS

SEPTEMBER / OCTOBER, 1991, VOLUME 20, NUMBER 5

NUTRITION TIPS

At any given moment, it seems that most of us are trying to lose weight or are worrying about what we choose to eat. Learn the do's and don'ts of eating protein foods plus gain knowledge on dairy products, fruits and vegetables, breads and cereals, desserts, fats and oils and other foods and snacks. There are even three recipes for you to try... 10

RESULTS SECTION

The second annual "Results Section" is intended to give gymnasts and their clubs some well-deserved recognition for their accomplishments. State, Regional, Age Group and Elite Development Directors submitted results from July 1990 through June 1991. Read this section to find out who's hot in your area of the country... 14

U.S. OLYMPIC FESTIVAL-'91

The U.S. Olympic Festival has become America's foremost amateur sports showcase. The nation's finest athletes gathered in Los Angeles, Calif., from July 12-21 to compete in this year's event. Shelley Engel, Jair Lynch and Jennifer Lovell became the U.S. Olympic Festival champions for men, women and rhythmic gymnastics... 20

TALENT "ANNE" CONCENTRATION

Anne Woynerowska made gymnastics history at the 1991 U.S. Championships by performing an innovative vault—layout Yurchenko with one and one half twists. Woynerowska also became the 1991 Junior National Champion. Her secret to success is concentration. Woynerowska's goal is to make the 1992 Olympic Team... 46



Gymnasts: Al Williams/901

Champion South Team's Luma Aguiakh, Heidi Hambeck, Li Li Luang, Kim Beauregard, Denise Florio and Kaitlin Duff

DEPARTMENTS

USGF EDITORIAL.....6	GYMNASTICS UPDATE...32
ASK MARY LOU.....8	EVENT RESULTS.....36
SPORTS FITNESS.....10	EVENT SCHEDULE.....39
RESULTS SECTION.....14	CLASSIFIED ADS.....42
FIN AN RESULTS.....30	FACES IN THE GYM.....44

Cover Photo of Shelley Engel by ©Duomo, Paul J. Sutton
1991 and cover photo of Jair Lynch by ©Duomo, Steven E. Sutton 1991.

USA GYMNASTICS (ISSN 0948-0000) is published bi-monthly at \$15 per year in the U.S.; all other countries \$20 per year. USA GYMNASTICS is published by the United States Gymnastics Federation, P.O. Box 1000, 1000 S. Capitol Ave., Suite 300, Indianapolis, Indiana 46201. Second class postage paid at Indianapolis, IN 46201 and additional mailing offices. POSTMASTER: Send address changes to USA GYMNASTICS, 200 S. Capitol Ave., Suite 300, Indianapolis, IN 46201. United States Gymnastics Federation (USGF) 0948-0000 (USPS 0948-0000)

The United States Gymnastics Federation (USGF) is the sole national governing body for the sport of gymnastics. A not-for-profit organization, the USGF selects, trains and administers the U.S. Gymnastics Team including the U.S. Olympic Gymnastics Team. Contributions and support are always welcome and are tax-deductible. ©1991 USGF and USA GYMNASTICS. All rights reserved. Printed in the USA.

How Miller Tackled

We have made offers to the NCAA to guarantee and underwrite the Min's Division I Championships. There was never a formal rejection of our offer and I would anticipate that this offer would be made again should it be proposed that the Division I program be eliminated. We have been involved in virtually every program that has either been jeopardized or threatened to be dropped. We send Olympians to put on exhibitions or speak to Athletic Directors, we send letters and

OUR MAJOR SUCCESS THIS FAR HAS BEEN THE ESTABLISHMENT OF THE USGF DIVISION II AND III CHAMPIONSHIPS. WHEN THE NCAA DROPPED THIS EVENT, THE USGF ASSUMED RESPONSIBILITY FOR IT.

Therefore, what are the options, and what does the future hold? While the following comments reflect my personal opinions, they can be substantiated by past history and what general business dictates.

Continued on page 13

Labels regarding identified in the context of police training and have provided information and support with the police and the United States Department of Justice, Department of Justice, and various law enforcement agencies.

OLYMPIAN



T

he road to Barcelona and Atlanta takes many dynamic twists and turns before 1992 and the Olympic Games. Follow the progress of America's athletes as they prepare for the most important sporting event in the world.

Subscribe today to the Olympian Magazine, the only publication in the world devoted to the Olympic movement and the American athletes who are preparing for the Olympic Games in 1992. Follow these athletes as they train and prepare to represent the United States in the 1992 Olympic games in France and Spain and the Pan American Games in Havana in 1991.

When you join the Olympic Society for \$19.92 you'll receive 10 issues of The Olympian, which features inside news about our athletes and the excitement of the games. This dynamic full color magazine contains news, photos, and special opportunities not available anywhere else in the United States.

In addition your membership will help our athletes financially as they try to make their Olympic dream come true. Join now.

U.S. OLYMPIC SOCIETY MEMBERSHIP

\$19.92 includes 10 issues of The Olympian Magazine

Send check or money order to:
U.S. Olympic Committee
The Olympian Magazine
Room 5000/110
Columbia Springs, CO 80527-1000
USA

DEAR MARY LOU,

I am one of your best fans. I do lots of reports on you. I love your smile and everything. I am 9 years old and my name is Amy Charlson. I have a brother named Bruce and a mom and dad named Debby and Mark. I have a dog named Lee and a cat named Missy. Do you have any pets? Please tell me about your family.

Amy Charlson

Dear Amy,

Thank you so much for your kind comments. And yes, I do have pets! I have a dog named Pete who lives in Houston, Texas with my husband, Sharon, and I. And I have another dog, Klasse, who lives with my mom and dad in West Virginia.

DEAR MARY LOU,

I train at Washington Gymnastics Training Center 20 hours a week. Our team spends a great deal of time on bars. During that time my hands tend to get sore and I get nasty little rips. I was wondering what you found to be the best cure for sore hands and rips?

Tracy Lyne
Federal Way, Washington

Dear Tracy,

I don't know if it works for everyone, but for me the best cure for sore hands and rips is to keep them moist! When I competed I used to cut five finger holes in a pair of old tube socks and sleep all night with the oil from a Vitamin E capsule. I also used strawberry ointment, Vaseline, etc. It helped a lot!

DEAR MARY LOU,

Hi! I'm 14 years old from Ocean City, N.J. I have been gymnastics for so long, it is my life. Because of where I live, there is no where to train. I was going to move away to train at Parkettes in Allentown, Pa. but I couldn't. I have been out of the gym for so long, I lost everything. I was doing double back before I hit. What should I do?

Jason Bourgeois
Ocean City, New Jersey

Dear Jason,

It's not too late for you to begin again. I think you really need to sit down with your parents and evaluate your feelings for gymnastics. If you still want to participate in our wonderful sport, I suggest you check out your yellow pages under gymnastics and look for the nearest facility which offers classes.

DEAR MARY LOU,

I'm in college and since I was 5 years old I've wanted to coach gymnastics and later own my own club. What advice do you have about the steps I should take to become a gymnastics coach? (What classes in college, steps outside of college, etc.)

Anne M. Hick
Annandale, Virginia

Dear Anne,

That's super, we always need more gymnastics coaches! I too, want to someday coach and be an owner of my own club. My suggestion to you is to get a job as an assistant coach at a gym and try to learn everything you can! Learn the ropes, from the latest

coaching techniques, to the right way to manage and market the club!

DEAR MARY LOU,

I am 70 years old and in my floor routine I have to do a straight arm back extension. I can't do this skill very well and I get about six tenths deducted from my score. What will help me to do better?

Amy Berlenbach
Bloomfield Hills, Michigan

Dear Amy,

I've said it once and I'll say it again—Practice, Practice, Practice! A straight arm back extension is a difficult skill and takes a whole lot of strength. Make sure to work extra hard on your conditioning skills after practice. Press handstands, push-ups, handstand push-ups and dips will help strengthen your upper body and will help you master the straight arm back extension. Work hard!

DEAR MARY LOU,

My name is Kelly and I'm 11 years old. I was having trouble with my back tuck on floor but now I got it. The problem is that I can't get it up higher. Do you think you could give me suggestions on exercises that could try getting it higher? I'm competing at Level 5 but I might be going to Level 6.

Kelly

Dear Kelly,

It's very difficult for me to coach you without seeing your back tuck, but I will give you some general pointers. On your take off—make sure your body



Mary Lou Retton

is tight bottom squeezed, stomach is and arms up! head is straight and when you rotate bring your knees in your chest as tight as you can. Your rotation should be fast and efficient.

DEAR MARY LOU,

I am a level 7 and I go to gymnastics at LaFleur's St. Pete. I am a little scared of my round-off dismount on beam. I also have a hard time standing up my handspring full vault. What would you do if you were in this situation?

Beck Pribyl
St. Petersburg, Florida

Dear Beck,

A round-off dismount is pretty scary. Make sure you start by warming the skill up on a line on the floor making sure your foot placement is correct, then take it to a low beam. Do the round-off there until you feel comfortable. Then, when you go up on the high beam, ask your coach to stand there the first few times for safety. For your handspring full vault, if you are sitting down on your bottom, go leader for the vault. Kick harder off the horse and stay tight!



THE OFFICIAL GYMNASTIC SUPPLIER TO THE



**1991 WORLD GYMNASTICS
CHAMPIONSHIPS**
INDIANAPOLIS, SEPTEMBER 6-15

- 1990 GOODWILL GAMES • 1987 PAN AMERICAN GAMES
- 1984 OLYMPICS • 1983 PAN AMERICAN GAMES
- 1979 WORLD CHAMPIONSHIPS

"We care about the sport"



1984 OLYMPICS
UNITED STATES OF AMERICA

**AAI
AMERICAN**

AAI American • 200 American Ave. • Jefferson, Iowa 50129
515-386-3125 • Toll Free: 800-247-3878 • FAX: 515-386-4566

NUTRITION TIPS

BY DUANE CARSON M.S., R.D.

At any given moment, it seems that most of us are trying to lose weight or are worrying about what we choose to eat.

Today, Americans are more educated in health, fitness and nutrition than ever before. We are all aware of the health implications of what we choose to eat. Maintaining desirable weight, and eating a diet low in fat and cholesterol is recommended by most health authorities.

The prevalence of overweight/obese Americans is overwhelming. Obesity occurs when there is an imbalance of caloric intake. Simply, if you consume more calories than your body needs for maintenance and activity, you will gain weight. The sedentary lifestyle and the typically high fat diet of most Americans are responsible for the prevalence of obesity in our country today.

WHAT CAN YOU DO?

Eating a low fat diet is the first step. Gymnasts and their coaches and families should be especially careful of their intake of dietary fats. It is thought that limiting your intake of fat, not necessarily limiting your intake of calories, will help you control your weight. Did you know that fat contains twice as many calories as carbohydrate and protein (9 calories/gram vs. 4 calories/gram)? Sadly, Americans consume

approximately 40-50 percent of their calories from fat, when they should consume closer to 30 percent. The following helpful hints can help you learn to eat a low fat diet.

THE DO'S AND DON'TS OF EATING PROTEIN FOODS

Choose lean cuts of meat, fish and poultry that are broiled or baked, not fried. Try low fat red meats like tenderloin, flank steak, chuck, lean ground meat, 95% fat-free lunchmeat and lean veal.

Trim visible fat from meats and remove the skin on poultry.

Try vegetable proteins like beans, peas, lentils, and tofu.

Cut down on your portion sizes (not 4-6 ounces/day). The size of a deck of cards is about equal to 3 ounces of cooked meat.

Limit eggs to 3 per week.

Avoid fatty meats such as hot dogs, sausage, high-fat luncheon meats, and fried meats, fish and poultry (fish sticks, and fried chicken).

DAIRY PRODUCTS

Use low fat, 1% or nonfat milk.

Try low fat cheeses (3-5 grams of fat per ounce), like part-skim milk, mozzarella, feta cheese, Lappi cheese, and low fat cottage cheese. Avoid cream, cheddar, and cream cheese.



FRUITS AND VEGETABLES

Load up on fresh fruits and vegetables, plain canned and frozen fruits and vegetables.

Try a hearty vegetable soup with a tomato base.

Watch out for cream-based soups, olives, avocado, fried potatoes and frozen vegetables in sauces or butter.

SALAD BAR

Dress your salad for success with no more than 2 tablespoons of salad dressing or, preferably, reduced-calorie salad dressing.

Make your salad into a meal by adding lean meats, chicken or turkey, pasta or vegetables.

Add healthy salad bar toppings to your salad such as green peas, beets, mushrooms, beans, tomatoes, cucumbers, peppers, carrots, broccoli and/or cauliflower.

Avoid salad bar toppings such as chopped egg, bacon bits, croutons, fried noodles, cheese, olives, avocado, and prepared salads.

Ask for dressing on the side, or try vinegar or lemon juice.

BREADS AND CEREALS

Try whole grain breads and cereals, plain bagels and English muffins instead of croissants, waffles or pancakes.

Instead of Ritz crackers, Cheese-Its or Wheat Thins,

grab a few Rye-Kiss crackers, bread sticks, pretzels, or graham crackers

DESSERTS

Avoid high-fat desserts such as ice cream, donuts, cookies, pies, chocolate, and cakes

Try small portions of non-fat yogurt, fruits, sherbets, angelfood cake, or vanilla wafers.

FATS AND OILS

Limit added fats and oils (margarine, vegetable oils, and dressings) to 3-4 teaspoons per day

Use low-calorie fat alternatives like diet margarine, diet mayonnaise, and reduced-calorie salad dressing.

OTHER FOODS AND SNACKS

Watch out for chips, nuts and seeds, and regular sodas

Try snacks such as vegetable sticks, broiled tortilla pieces (instead of fried chips), mini-mice cakes, dry cereal, pretzels, fresh fruit, air-popped popcorn and low fat crackers.

EXERCISE

In the summer months it is harder than ever to get to the gym and put in a good workout. Go and do it! Remember to drink lots of fluids (no caffeine) to avoid dehydration. In addition to your regular workouts, try some of these helpful fitness and exercise hints:

Walk: Walking burns calories and helps decrease your appetite. Walking uses calf, hamstring, hip, knee, and quadriceps muscles. Walking is as good as jogging and with less stress to your joints.

Take the stairs instead of the elevator or escalator.

Park your car and walk

into the shopping center. Even take a few laps around the parking lot before you go in.

Take up a new sport or activity like dancing, biking, volleyball, hiking, tennis or skating just for fun.

HELPFUL HINTS

Eat regular meals (about every 4-5 hours).

Eat slowly.

Avoid eating while watching television or reading.

Eat smaller portions.

Stay active: Get out and do it.

HOW MUCH FAT IS EQUAL TO 30 PERCENT?

First, to answer this question, you must know how many calories you should be consuming per day.

A. Your Body Weight in pounds X 13

*If you are overweight, use your desirable weight.

*If you are very inactive, multiply by 10.

*If you are very active, multiply by 13

B. Check the chart below to determine how many grams of fat you should be consuming based on your calorie needs.

Approximate Calorie Needs	Grams of Fat (Day to = 30% of Calories from Fat)
1200	40
1400	47
1500	50
1600	53
1800	60
2000	67
2200	73
2400	80
2600	87
3000	100

The Calculation:

1. Multiply the grams of fat in your food, your meal, or even your day by 9. Remember there are 9 calories per gram of fat compared to 4 calories per gram of carbohydrate and protein.

Example:

Potato Chips 1 bag = 14 gm fat
 $\times 9$ (calories/gram)
= 126 calories from fat

2. Divide the calories from fat by the total calories to determine the percentage of calories from fat.

Example:

Potato Chips 1 bag = 192 total calories
126 calories from fat / 192 total calories
= 66% of the calories from fat

A FEW DIET TIPS:

1. Select lowfat dairy products
2. Limit intake of high-fat cheeses
3. Limit intake of butter, margarine, shortening, oil, salad dressing and mayonnaise
4. Limit fat meat to 2-3 servings per week.
5. Remove the skin from chicken

R E C I P E S

Frozen Yogurt Popsicles

2-8 ounce cartons of plain yogurt

1-12 ounce can of frozen juice concentrate

Dash of vanilla

Combine all ingredients. Freeze in molds or small paper cups. For handles, place wooden sticks in slightly frozen mixture.

Zero Salad Dressing

1 cup tomato juice

1 tablespoon vinegar

1 tablespoon lemon juice

1 tablespoon finely chopped onion

salt and pepper to taste

Combine all ingredients. Chill. Serve with tossed green salad.

Spicy Vegetable Dip

1-8 ounce carton plain yogurt

1/4 cup salsa

1 tablespoon horseradish

1 teaspoon grated lemon rind

1 teaspoon salt

2 tablespoons minced celery

1 tablespoon each of minced green onion and green pepper.

Combine all ingredients. Chill. Serve with raw vegetables.

USGF VIDEO-TAPES & EDUCATIONAL MATERIALS

WOMEN'S TAPES

- NEW - #2162** - 1991 U.S. Championships, Cincinnati, OH Junior "A" Optional Competition (selected routines) Waymanowski, McDermost, Spidle, Simpson, Harbrow, Duff, etc. (A, 200) \$16.95
- NEW - #2163** - 1991 U.S. Championships, Cincinnati, OH Senior Optional Competition (selected routines) Zmeskal, Woolley, Brug, Kelly, Bruce, Gallow, Miller, Crandall, etc. (A, 200) \$16.95
- NEW - #2164** - 1991 U.S. Championships, Cincinnati, OH Optional FINALS and Senior Compulsory Competition (selected routines) (A, 200) \$16.95
- NEW - #2175** - Dance Workshops 1, 2, and 3 Designed for the gymnasts to flow along with basic ballet skills Demonstrator: Mary Paulsenberry (A, 200) \$15.00
- NEW - #2174** - Dance Workshops 1, 2, and 3 - the coach's video. Includes explanation regarding the ballet exercises presented. Demo Paulsenberry (A, 200) \$15.00
- NEW - #2138** - U.S. Classic, Huntington Beach, CA Senior Optional (selected routines), and UPB & BP workout (B, 200) \$16.95
- NEW - #2134** - U.S. Classic, Huntington Beach, CA Junior "A" and Junior "B" optionals (selected routines) (B, 150) \$16.95
- #2134** - 1991 AMERICAN CUP, Orlando, FL 2/91 Preliminaries and Finals (B, 150) \$19.95
- #2136** - 1991 MIXED PAIRS, Atlanta, GA 2/91 (A, 450) \$16.95

EDUCATIONAL MATERIALS

- #1114 Women's I.Q. Levels I-IV (Extra is 1st 80 pages of Comp book). Great for young athletes! \$15.00
- Women's I.Q. Compulsory Book. Levels I-IV and 5-10 - 1988-1992 \$24.95
- #1118 Price for USGF Pro-Number \$14.95
- #1121 Price for non-Pro-number \$14.95
- #1101 Women's FIG Code of Points \$34.95
- #1301 RSG FLAG Code of Points \$34.95
- #1302 RSG Compulsory Test \$16.50
- #1201 Men's FIG Code of Points \$34.95
- #1302 Men's I.Q. Compulsory Test \$16.50

NEW! #1110 Women's I.Q. Recreational/Optional Competition Program book - includes event descriptions, rules, scoring, tables of difficulties, glossary, sample judging sheets. Great for Recreational programs, high schools, YMCA's - \$7.00

MEN'S TAPES

- NEW - #2234** - 1991 U.S. Championships, Cincinnati, OH Senior Men & Junior Elite Compulsory Competition (selected routines) Walker, Kirksey, Schlesinger, C. Umphrey, Warburton, Hanks, Cohen, Huston, Dank, Durbin, Meadows, G. Umphrey, etc. (B, 200) \$19.95
- NEW - #2235** - 1991 U.S. Championships, Cincinnati, OH Senior Men & Junior Elite Optionals (selected routines) Walker, Kirksey, Schlesinger, C. Umphrey, Warburton, Hanks, Cohen, Huston, Dank, Durbin, Meadows, G. Umphrey (B, 200) \$19.95
- NEW - #2236** - 1991 U.S. Championships, Cincinnati, OH Event FINALS Routines, Walker, Kowick, Ringgold, etc. (A, 450) \$12.95
- NEW - #2238** - 1991 U.S. Challenge: U.S. vs. Romania, Albuquerque, NM, 5/27-30/91 (Comp/Op) (A, 150) \$12.95
- NEW - #2234** - Junior Olympic National Skill Testing Program. Demonstrated by Vladimir Aronov (A) \$19.95

USGF GYMNASTICS SAFETY MANUAL 2nd Ed.

The USGF is pleased to present the 2nd Edition of the *Safety Manual*. This has been the compilation of efforts of many of our top sports professionals headed by Senior Editor, Dr. Gerald S. George. The final product contains almost four years of study, review and the procurement of data research and documents. #2001 \$24.45

PLEASE NOTE: The videos listed above are provided for educational and historic purposes. While every effort is made to produce videos of the highest quality, it should be noted that some of the videos are produced at events utilizing handheld cameras from vintage points in the stands by non-professional volunteer technicians. Only limited editing and production enhancements are utilized in order to provide a timely product at a reasonable cost to the USGF membership.

To order any of these materials, please complete the order form on page 47.

OTHER TAPES

- NEW - #2291** - Coaching America's Gym Coaches (Chicago, IL 3/22-24/90) Presentation Summary Tape 1 - Whitlock, George, Moskowitz, Bosak, Walker (B, 200) \$12.95
- NEW - #2292** - Coaching America's Gym Coaches (Chicago, IL 3/22-24/90) Presentation Summary Tape 2 - Martens, Coughlin, Smith, Metzger, Reighard, Jock (B, 200) \$12.95
- NEW** - Tapes of the following sessions from the 6/91 USGF Women's Coach's Workshop in Indianapolis are now available:
- #2114 - Paulsenberry/Biggs/Johnson Dance Drills for Floor Exercise EXCELLENT (A, 150) \$14.95
- #2115 - Dr. Bill Sands Radical New Idea for Gymnastics Conditioning plans and implementation (B, 200) \$12.95
- #2116 - Dr. Bill Sands Strength and conditioning drills (B, 240) \$12.95
- #2117 - Interview with Brandy Johnson Unpublished! M Cook: Vaulting Basics (A, 200) \$12.95
- #2118 - Biggs/Johnson Beam Basics Knight Beam Basics (B, 200) \$12.95
- #2119 - S. Elliott, Beginner to intermediate Tumbling Basics. Very Good! (B, 150) \$12.95
- #2700 - The Winning Difference - Produced by PANAZNICK documents preparation & training the U.S. Men's and Women's 1992 Olympic Teams. An excellent informative and entertaining tape - one that you will enjoy watching time after time! (A+) \$12.95
- NEW** - The 1990 GYMNAESTRADE in Amsterdam, Netherlands includes group performances, mini-touring, aerobics demonstrations, tumbling, apparatus, RSG events, outdoor performances, AcroSport, etc. You'll really enjoy these!
- #2702 - Opening Ceremonies (1:09) and Various Outdoor performances held in the Olympic Stadium (2:00) \$16.95
- #2703 - Various Country Performances. A wide variety of performance groups (1+ 2:00) \$16.95
- #2704 - "USSR Gala Exhibition" evening. This features many former USSR World and Olympic Champions. Also great AcroSport exhibitions and aerobics (A 1:30). Various other country performances (1+ 2:30) \$16.95
- #2705 - The Amsterdam Gala Exhibition evening featuring performances from groups representing 22 different countries. Also, various other country performances. (A 2:00) \$16.95

BACK TO SCHOOL...

Continued from page 6

Individual schools make the ultimate decisions whether or not a program is supported, retained or dropped. Schools decisions are based on many things. Here are some of the more frequent determiners:

1. Finances (dropping gymnastics frees up more money for football and basketball).
2. Equalizing men's and women's sports programs within an athletic department (both in terms of money and numbers).
3. Loss of other programs in the conference or the geographic area.
4. Coach retires or leaves—this is more likely to be an

issue if the coach has been there for many years. Athletic department unable to find suitable replacement.

5. Team performs poorly and never receives "national" recognition.

6. Personality conflict or bad working relationship between coach and athletic department/staff.

While each program will have its own "unique" problems, the above list are the most common. So, now what? Good business sense would dictate that we look at the reasons programs are dropped and develop solutions. However, you can see that it may be quite difficult to find solutions for some of the reasons listed above. Therefore, it may be best to address this issue collectively rather than independently.

I would suggest a two or three

day gathering of all the collegiate coaches and interested parties. It would be a working session, well planned or organized, with the goals and objectives being to develop a long term strategy as to how the collegiate gymnastics program in the U.S. can be stabilized and how to minimize and reduce the risk of losing more programs in the future. In order to begin this process, an organizing committee needs to be selected, an action plan and time table developed and basic data and information needs to be solicited, organized and evaluated. I am more than willing to commit USGF personnel and resources to participate in this endeavor.

It's like the old Mark Twain comment, "Everyone's always talking about the weather but no one does anything about it." In the case of collegiate gymnastics, we need to do something about it.



Bleyer Gymnastic Shoes - Tough as a TIGER!

New - For Ladies
Fine Gymnastic Shoe - \$65-69.95



Pro Gymnastic Shoe - \$85-89.95



The finest materials from around the world, combined with superior German workmanship, create world-class gymnastic shoes

Competitively priced - Call for prices and sizes

Bleyer shoes are distributed exclusively in the United States by

GIBSON

P.O. Box 1444 • Englewood, Colorado 80150 • 800-275-5999 • 303-917-1012

Bary, Baryon—1, M Carter Room—1, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 84

STRAWBERRY OPEN

[illegible][illegible]

M&M. *Boana*, *Flora*—1, *LaFlore*,
Level 2 A A, 9-12—1, 1, *Pole*, *Care*,
Cornu, 2, N. *Lux*, *Boana*, 3, R. *Fitch*,
Care, *Boana*, *Flora*—1, *Northall*,
Boana—1, *Bo*, *Bo*, 1, *Care*, *M&M*,
Boana—1, *M*, *Northall*, *Care*, *Flora*—2,
Pole, Level 2 A A, 11-12—1, 1,
Lyndham, *Boana*, 2, *M*, *Boana*,
Care, *Cornu*, 3, 1, *Lyndham*, *Care*,
Cornu, *Boana*—1, *Bo*, *Boana*, *Boana*,
Care, *Boana*, *Boana*, *Flora*—1,
Boana.

**GEORGIA CLASSIC
NATIONAL MEET**

June 25, 1990, Conway, Georgia
 1, Years Chatterbox—Brewster, Unseen
 A.—1, C. Perry Vogel, Brewster,
 1, Anna Hume, Brewster, 1, Jennifer
 Walker, Brewster, Vocal.—1, Channing
 Vogel, Brew.—Channing Vogel, L.
 Bore.—1, Anna Hume, Floor.—1,
 Channing Vogel, All Stars, A.—1,
 1, Jennifer Brehm, Hummer Gym.—1,
 Tracy Greenway, Gary Ellis, 1,
 Kelly Greene, Orland, Sanderson
 Vocal.—1, Kelly Leigh Cooper,
 Octave's's Barn.—1, Jennifer
 Brehm, Hummer Gym, Seams.—1,
 Kelly Greene, Orland, Sanderson
 Floor.—1, Jennifer Brehm, Hummer
 Gym

DESSERT: NEW CHOCOLATE

March 26, 1991 Southdale, Arizona. Texas Chaperone—Desert Devil "A" team A-A—1, Lou Crandall, Desert Devils, 2, Sandy Winkler, Desert Devils, 3, Mike's Shaw Rocky Mountain Vande—1, Winkler Bare—1, Winkler Broom—1, Shaw Fencer—1, Crandall.

ALAMO CITY
UNIVERSITY[illegible][illegible]

**RED ROOF RANG BUCKETS
CLASSIC**

STATION **1** **2** **3** **4** **5** **6** **7** **8** **9** **10** **11** **12** **13** **14** **15** **16** **17** **18** **19** **20** **21** **22** **23** **24** **25** **26** **27** **28** **29** **30** **31** **32** **33** **34** **35** **36** **37** **38** **39** **40** **41** **42** **43** **44** **45** **46** **47** **48** **49** **50** **51** **52** **53** **54** **55** **56** **57** **58** **59** **60** **61** **62** **63** **64** **65** **66** **67** **68** **69** **70** **71** **72** **73** **74** **75** **76** **77** **78** **79** **80** **81** **82** **83** **84** **85** **86** **87** **88** **89** **90** **91** **92** **93** **94** **95** **96** **97** **98** **99** **100**

1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 26

Wrestling: **Boys' Team Champions—**Indianapolis Indians; **Girls' Team Champions—**Carmel Gymnastics Academy
Level I Team Champions—Westside Gymnastics
Level II Team Champions—Carmel Academy
Level III Children A.A. and all events—L. Jaycie Phlegis, Gym Nuts.
Level IV Junior A.A.—L. Lampa Vay/Hazy/Carmel Academy;
2. Michael/Renee/Carmel Academy

[illegible]

Champion—1, LaFleur Large Level 5 Team; Champion—4, American Theatre; Level 5 Team Champion—1, American Theatre; 9-11 A.A.—1, Mary Moore, Twicken 12-16 A.A.—1, Tishman Smolkin, Twicken 12 & Up A.A.—1, Sheri Seifert, All American; Level 7 Team Champion—1, Clyngham 9-11 A.A.—1, Camryn Kruse, N.Y. YMCA; 12-14 A.A.—2, Tamara Mironov & Candy Hubble, Clyngham; 15 & Up A.A.—1, Tracy Bennett, Clyngham.

**FLORIDA STATE MEET
LEVEL 5 B-10**

March 1991 Lowell/Texas Champions—1, American Twisters 9-11, A.A.—1, Susan Randall, Twisters 12-14 A.A.—1, Mance Bolgard, Twisters 15-16 U.A.—1, Arny Landini, Esp. Mindover, Lowell/Texas Champions—1, American Twisters 9-11, A.A.—1, Linda Palkley, LaPlante 12-14 A.A.—1, Joji Barnes, Twisters 15-16 U.A.—1, Adrienne Larnet, Twisters, Lowell/Texas Champions—1, Twisters 12-14 A.A.—1, Jeanne Rothbard, Brownes 15-16 U.A.—1, Diana Preece, Brownes

LEVEL 3 OHIO USCF STATE CHAMPIONSHIP

March 22, Broadway Hts., Ohio.
 From: Chapman, E., Gymnasium of Holy Child, St. Cleveland, A. A.
 1. Desires James, Cyren. of Ohio.
 2. Emily Lacey, Cincinnati, Cyren. A. A., & Brother's Sisters, Cyren. Of Ohio, Valet, Bess and Rose—
 Desires James, Floor—1, Eltha Truett, Samson, Cal. Gym. Junior Division A. A.—1, Nelson, Matt, Cyren. Worlded, Kately, High, Young—
 Cyren. Division Center, 1, Kelly Winks, Queen City, Cyren. Youth—1, Kouten Minnesota, Queen City, Cyren. Bess—1, Susan, Schenon, Cyren. Of Ohio

Place—1, Army Bank, Cincinnati
(Over Road)

LEVEL 10 BEGINNER 5

April 12-14, Old Bethpage, New York. Senior A A.—1, Siri Lamm, Minnesota; 1, Jack Holsinger, Minnesota; 3, Cecilia Wilson, Valley View.—1, Wendy Minshall, The Coxs Bays.—1, Siri Lamm, Texas.—1, Cecilia Wilson, Florida.—1, Kasean Rensley, Junior A A.—1, Amy Murakami, Minnesota; 1, Maryann Espinoza, Nova's; 3, Kathy Pinpatrick, Nova's. Youth—1, Amy Murakami, Minnesota; Bays—1, Gretchen Albrecht, C.A.T.S. Bays.—1, Amy Murakami, Florida.—1, Amy Murakami.

**LOUISIANA STATE MEET
RESULTS:**[illegible]

A.A.—1, R. Blyden, Gills; All
Dietary—1, David Goss, Gills; All
A.A.—5, M. Wallace, Gills; 2, A.
Kang, N.S.R.; K. Manno, Gills; Vash,
Bart and Floor—1, Wallner
Bway—501, K. Kinnor, Gills and
R. Blyden, Gills Level 5 age 9
A.A.—1, K. Banton, NS; 2, S. H.
NS; 2, E. Prater, NS Vash—4;
N. Nwagwu, Gills Bars—1, S. P.
NS Bars—1, A. Nappert, T.
Floor—1, Prater, Level 5 age 10
NS Bars—1, M. Wallace, Gills; 2, C.
NS; 3, H. Prater, Gills; Vash and
Floor—1, Gossart, Bars—1, P. Pe-
ters, Bars Bars—1, K. Cantello,
NS Level 5age 11 A.A.; 1 A. Bar-
pott, Gills; 2, K. Gossart, Gills; 3,
Gossart, Gills; Vash, Bars and
Floor—1, Nwagwu, Gills Bars—1,
L. Lorenz, NS Level 5age 12 A.A.; 4,
R. Lorenz, Gills; 1, J. Hoberg, NS;
3, Lorenz, Gills; Vash, Bars and
Floor—1, Gossart, Gills; 2, Lorenz,
NS Level 5age 13 age 13 and
age A.A.—1, J. Tyler, T. S. S. S.
Coyne; 3, R. Kelly, Gills Vash—1,
Shon, Bars and Floor—1, Tyler
Floor—1, C. Lowry, Ill Level 4
ages 14 A.A.—1, M. Conzo, Bars,
2 M. Jones, Gills; 3, W. M. Shanley,
Diet Vash—1, J. Wagner, Bars
Bars—1, Shanley Bars—1, L.
Johnson, Bars Bars—1, S. S.
Coyne, Gills Bars—1, R. Lyons,
Gills; 2, S. Wilson, Gills; 3, A.
Wallace, Gills Vash—1, Lyons
Bars—1, L. Thompson, Gills
Bars—1, K. Decker, Ill Floor—1,
Wilson, Level 4age 15 Ill; A.A.—
1, Freeman, Gills; 2, A. Thompson,
Gills; 3, C. Lincoln, Ill Vash,
Bars and Bars—1, Thompson
Floor—1, Gossart, Level 4 age 12
A.A.—1, S. H. Prater, Gills; 2,
K. Manno, Ill; 3, R. Kelly, Gills
Vash and Bars—1, David, Bars
1, M. Prater, Floor—1, David

THE ROME INSTANT

Anniston, Alabama, Nov. 6, 1903.
Ages 12-14. A.A.—1, Sarah Swartz.
Hawley Gymnasium, 2, Kate
Swartz, Mountain Brook Gymnas-
tium, 3, Maggie Hallbrook, Moun-
tain Brook Gymnasium. Youth—1,
Rae Scott. Boys—4, Charles
Erwin, Shoals School of Gymnas-
tics. Boys—1, Maggie Hallbrook.
Boys—1, Sarah Scott.

REGION III CHAMPION- SHIPS: LEVELS 9 AND 10

April 12-14, Houston, Texas: Lillian
9:30 A.M. A.—1, Torie Miles
Kayoly's 1, Stephanie Robinson,
Kayoly's 5, Jenny Thompson
Kayoly's 1, Wade—1, Maura Bani
and Brooke Cantover, Phillips 4
Kayoly's 1, Stephanie Robinson
American Barn—1, Stephanie
Room—1, Barbara Poon—1, Nelia
Carmery, Communication Country,
USA, Lillian 12:30 A.M. A.—1, Denise
Alden, Communicate Institute 2, Nancy
Harriet, Kayoly's 3, Amy
Nelson, Kayoly's 1, Stephanie
Maurice Bani, Maura Bani, Commu-
nication Venue—1, Tamara Edmonson
South Great Oaks Barn—1, Kelly
Hagler, Stone Mill Oaks Village
Barn—1, Margaret Webster,
Kayoly's 1, Poon—1, Suzanne Kevell,
Kayoly's 1, Stephanie Robinson 1 and
and A.—1, John Wegman, Kayoly's
assist—1, Institute, 3, Denise

NEBRASKA LEVEL 6 STATE MEET

[illegible]

**FLORIDA STATE MEET
LEVELS 4-7**

December 1990 *Level 4: Teams*

**LEVEL 10 OHIO USE-STATE
GRAPHIC GROUPS**

ARTS
Arlene, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833,

Camborne, Tides/Washed Cyn.,
1. Raccoon Aqueduct, Houston
Cynematic Center Vault—1,
Ashley Hubbell, American Cyn. of
Tulsa—11, Shenku, Univ. of Cyn.
and General Pansy Colorado
Cyn. Bars—1, Samk Dorner, Elite
Cyn. Gals Bars—1, James Cole,
Cyn. Bars—1, 10 Cyn. Bars—10
A.A.—1, 10 Cyn. Bars—10
Worles, 3, Ashley Burdick, Dor-
Cyn. Bars—1, Berthelander
Ham National Floor—Lopkenn
Level—10 12 14 A.A.—1, Ron
Kemp, 10 12 14 Cyn. Bars—10
A.A.—1, Laura Olinde, Cyn.
Cyn. Bars—1, 10 Cyn. Bars—10
1. Samk Dorner, Cyn. Bars—1,
Kemp, Floor—1, Kemp and
Olinde—Level 10 12 and over
A.A.—1, Courtney Smith, Gals
2. Shana Allmatt, Gals, 3. Shelby
Burns 2 E.C. A. Valt—1, Shana
Smith, Lorne Bars—1, Smith,
Shana Smith, Lorne Winkings, High
Turnings—1, Lorne 1, Rebecca
Keller, Kardia

SPRING STATE MEET

Northwest Airways, Inc., 1958C, 1959C, 1960C, 1961C, 1962C, 1963C, 1964C, 1965C, 1966C, 1967C, 1968C, 1969C, 1970C, 1971C, 1972C, 1973C, 1974C, 1975C, 1976C, 1977C, 1978C, 1979C, 1980C, 1981C, 1982C, 1983C, 1984C, 1985C, 1986C, 1987C, 1988C, 1989C, 1990C, 1991C, 1992C, 1993C, 1994C, 1995C, 1996C, 1997C, 1998C, 1999C, 2000C, 2001C, 2002C, 2003C, 2004C, 2005C, 2006C, 2007C, 2008C, 2009C, 2010C, 2011C, 2012C, 2013C, 2014C, 2015C, 2016C, 2017C, 2018C, 2019C, 2020C, 2021C, 2022C, 2023C, 2024C, 2025C, 2026C, 2027C, 2028C, 2029C, 2030C, 2031C, 2032C, 2033C, 2034C, 2035C, 2036C, 2037C, 2038C, 2039C, 2040C, 2041C, 2042C, 2043C, 2044C, 2045C, 2046C, 2047C, 2048C, 2049C, 2050C, 2051C, 2052C, 2053C, 2054C, 2055C, 2056C, 2057C, 2058C, 2059C, 2060C, 2061C, 2062C, 2063C, 2064C, 2065C, 2066C, 2067C, 2068C, 2069C, 2070C, 2071C, 2072C, 2073C, 2074C, 2075C, 2076C, 2077C, 2078C, 2079C, 2080C, 2081C, 2082C, 2083C, 2084C, 2085C, 2086C, 2087C, 2088C, 2089C, 2090C, 2091C, 2092C, 2093C, 2094C, 2095C, 2096C, 2097C, 2098C, 2099C, 2100C, 2101C, 2102C, 2103C, 2104C, 2105C, 2106C, 2107C, 2108C, 2109C, 2110C, 2111C, 2112C, 2113C, 2114C, 2115C, 2116C, 2117C, 2118C, 2119C, 2120C, 2121C, 2122C, 2123C, 2124C, 2125C, 2126C, 2127C, 2128C, 2129C, 2130C, 2131C, 2132C, 2133C, 2134C, 2135C, 2136C, 2137C, 2138C, 2139C, 2140C, 2141C, 2142C, 2143C, 2144C, 2145C, 2146C, 2147C, 2148C, 2149C, 2150C, 2151C, 2152C, 2153C, 2154C, 2155C, 2156C, 2157C, 2158C, 2159C, 2160C, 2161C, 2162C, 2163C, 2164C, 2165C, 2166C, 2167C, 2168C, 2169C, 2170C, 2171C, 2172C, 2173C, 2174C, 2175C, 2176C, 2177C, 2178C, 2179C, 2180C, 2181C, 2182C, 2183C, 2184C, 2185C, 2186C, 2187C, 2188C, 2189C, 2190C, 2191C, 2192C, 2193C, 2194C, 2195C, 2196C, 2197C, 2198C, 2199C, 2200C, 2201C, 2202C, 2203C, 2204C, 2205C, 2206C, 2207C, 2208C, 2209C, 2210C, 2211C, 2212C, 2213C, 2214C, 2215C, 2216C, 2217C, 2218C, 2219C, 2220C, 2221C, 2222C, 2223C, 2224C, 2225C, 2226C, 2227C, 2228C, 2229C, 2230C, 2231C, 2232C, 2233C, 2234C, 2235C, 2236C, 2237C, 2238C, 2239C, 2240C, 2241C, 2242C, 2243C, 2244C, 2245C, 2246C, 2247C, 2248C, 2249C, 2250C, 2251C, 2252C, 2253C, 2254C, 2255C, 2256C, 2257C, 2258C, 2259C, 2260C, 2261C, 2262C, 2263C, 2264C, 2265C, 2266C, 2267C, 2268C, 2269C, 2270C, 2271C, 2272C, 2273C, 2274C, 2275C, 2276C, 2277C, 2278C, 2279C, 2280C, 2281C, 2282C, 2283C, 2284C, 2285C, 2286C, 2287C, 2288C, 2289C, 2290C, 2291C, 2292C, 2293C, 2294C, 2295C, 2296C, 2297C, 2298C, 2299C, 2300C, 2301C, 2302C, 2303C, 2304C, 2305C, 2306C, 2307C, 2308C, 2309C, 2310C, 2311C, 2312C, 2313C, 2314C, 2315C, 2316C, 2317C, 2318C, 2319C, 2320C, 2321C, 2322C, 2323C, 2324C, 2325C, 2326C, 2327C, 2328C, 2329C, 2330C, 2331C, 2332C, 2333C, 2334C, 2335C, 2336C, 2337C, 2338C, 2339C, 2340C, 2341C, 2342C, 2343C, 2344C, 2345C, 2346C, 2347C, 2348C, 2349C, 2350C, 2351C, 2352C, 2353C, 2354C, 2355C, 2356C, 2357C, 2358C, 2359C, 2360C, 2361C, 2362C, 2363C, 2364C, 2365C, 2366C, 2367C, 2368C, 2369C, 2370C, 2371C, 2372C, 2373C, 2374C, 2375C, 2376C, 2377C, 2378C, 2379C, 2380C, 2381C, 2382C, 2383C, 2384C, 2385C, 2386C, 2387C, 2388C, 2389C, 2390C, 2391C, 2392C, 2393C, 2394C, 2395C, 2396C, 2397C, 2398C, 2399C, 2400C, 2401C, 2402C, 2403C, 2404C, 2405C, 2406C, 2407C, 2408C, 2409C, 2410C, 2411C, 2412C, 2413C, 2414C, 2415C, 2416C, 2417C, 2418C, 2419C, 2420C, 2421C, 2422C, 2423C, 2424C, 2425C, 2426C, 2427C, 2428C, 2429C, 2430C, 2431C, 2432C, 2433C, 2434C, 2435C, 2436C, 2437C, 2438C, 2439C, 2440C, 2441C, 2442C, 2443C, 2444C, 2445C, 2446C, 2447C, 2448C, 2449C, 2450C, 2451C, 2452C, 2453C, 2454C, 2455C, 2456C, 2457C, 2458C, 2459C, 2460C, 2461C, 2462C, 2463C, 2464C, 2465C, 2466C, 2467C, 2468C, 2469C, 2470C, 2471C, 2472C, 2473C, 2474C, 2475C, 2476C, 2477C, 2478C, 2479C, 2480C, 2481C, 2482C, 2483C, 2484C, 2485C, 2486C, 2487C, 2488C, 2489C, 2490C, 2491C, 2492C, 2493C, 2494C, 2495C, 2496C, 2497C, 2498C, 2499C, 2500C, 2501C, 2502C, 2503C, 2504C, 2505C, 2506C, 2507C, 2508C, 2509C, 2510C, 2511C, 2512C, 2513C, 2514C, 2515C, 2516C, 2517C, 2518C, 2519C, 2520C, 2521C, 2522C, 2523C, 2524C, 2525C, 2526C, 2527C, 2528C, 2529C, 2530C, 2531C, 2532C, 2533C, 2534C, 2535C, 2536C, 2537C, 2538C, 2539C, 2540C, 2541C,

WASHINGTON STATE MEET
LEVEL 9, 9, 10

Yakima, Washington, Level 30
Team Championships—1, BSCG, 2, B.
A.A., 3, Tracy, 4, WSGA, 5,
Chandler, 6, WSGA, 7, WSGA,
8, Andrew Wagner, WSGA, 9,
Chandler Jones, 10, Level 9 Team
Championships—1, PSCG Ch. A., 2,
1. John Mendenhall, PSCG, 3, Heidi
Pruett, PSCG, 4, P. A.A., 5, Lori
Whitney, NWA, 6, Lisa Ann John-
son, PSCG, 7, P. A.A.—421, Honey
Crickson, CECG, 8, Kari McKee,
ANWG, Level 9 Team Championships—
1, PSCG Ch. A., 2, 3, 4, 5, 6, 7, 8, 9, 10,
PSCG, 2, Alma McCall, NWA, 3,
NWA, 4, NWA, 5, NWA, 6, NWA,
NWA, 8, Jenny, 9, NWA, 10,
A.A., 11, NWA, 12, NWA, 13,
NWA, 14, NWA, 15, NWA, 16,
NWA, 17, NWA, 18, NWA, 19,
NWA, 20, NWA, 21, NWA, 22,
NWA, 23, NWA, 24, NWA, 25,
NWA, 26, NWA, 27, NWA, 28,
NWA, 29, NWA, 30, NWA, 31,
NWA, 32, NWA, 33, NWA, 34,
NWA, 35, NWA, 36, NWA, 37,
NWA, 38, NWA, 39, NWA, 40,
NWA, 41, NWA, 42, NWA, 43,
NWA, 44, NWA, 45, NWA, 46,
NWA, 47, NWA, 48, NWA, 49,
NWA, 50, NWA, 51, NWA, 52,
NWA, 53, NWA, 54, NWA, 55,
NWA, 56, NWA, 57, NWA, 58,
NWA, 59, NWA, 60, NWA, 61,
NWA, 62, NWA, 63, NWA, 64,
NWA, 65, NWA, 66, NWA, 67,
NWA, 68, NWA, 69, NWA, 70,
NWA, 71, NWA, 72, NWA, 73,
NWA, 74, NWA, 75, NWA, 76,
NWA, 77, NWA, 78, NWA, 79,
NWA, 80, NWA, 81, NWA, 82,
NWA, 83, NWA, 84, NWA, 85,
NWA, 86, NWA, 87, NWA, 88,
NWA, 89, NWA, 90, NWA, 91,
NWA, 92, NWA, 93, NWA, 94,
NWA, 95, NWA, 96, NWA, 97,
NWA, 98, NWA, 99, NWA, 100,
NWA, 101, NWA, 102, NWA, 103,
NWA, 104, NWA, 105, NWA, 106,
NWA, 107, NWA, 108, NWA, 109,
NWA, 110, NWA, 111, NWA, 112,
NWA, 113, NWA, 114, NWA, 115,
NWA, 116, NWA, 117, NWA, 118,
NWA, 119, NWA, 120, NWA, 121,
NWA, 122, NWA, 123, NWA, 124,
NWA, 125, NWA, 126, NWA, 127,
NWA, 128, NWA, 129, NWA, 130,
NWA, 131, NWA, 132, NWA, 133,
NWA, 134, NWA, 135, NWA, 136,
NWA, 137, NWA, 138, NWA, 139,
NWA, 140, NWA, 141, NWA, 142,
NWA, 143, NWA, 144, NWA, 145,
NWA, 146, NWA, 147, NWA, 148,
NWA, 149, NWA, 150, NWA, 151,
NWA, 152, NWA, 153, NWA, 154,
NWA, 155, NWA, 156, NWA, 157,
NWA, 158, NWA, 159, NWA, 160,
NWA, 161, NWA, 162, NWA, 163,
NWA, 164, NWA, 165, NWA, 166,
NWA, 167, NWA, 168, NWA, 169,
NWA, 170, NWA, 171, NWA, 172,
NWA, 173, NWA, 174, NWA, 175,
NWA, 176, NWA, 177, NWA, 178,
NWA, 179, NWA, 180, NWA, 181,
NWA, 182, NWA, 183, NWA, 184,
NWA, 185, NWA, 186, NWA, 187,
NWA, 188, NWA, 189, NWA, 190,
NWA, 191, NWA, 192, NWA, 193,
NWA, 194, NWA, 195, NWA, 196,
NWA, 197, NWA, 198, NWA, 199,
NWA, 200, NWA, 201, NWA, 202,
NWA, 203, NWA, 204, NWA, 205,
NWA, 206, NWA, 207, NWA, 208,
NWA, 209, NWA, 210, NWA, 211,
NWA, 212, NWA, 213, NWA, 214,
NWA, 215, NWA, 216, NWA, 217,
NWA, 218, NWA, 219, NWA, 220,
NWA, 221, NWA, 222, NWA, 223,
NWA, 224, NWA, 225, NWA, 226,
NWA, 227, NWA, 228, NWA, 229,
NWA, 230, NWA, 231, NWA, 232,
NWA, 233, NWA, 234, NWA, 235,
NWA, 236, NWA, 237, NWA, 238,
NWA, 239, NWA, 240, NWA, 241,
NWA, 242, NWA, 243, NWA, 244,
NWA, 245, NWA, 246, NWA, 247,
NWA, 248, NWA, 249, NWA, 250,
NWA, 251, NWA, 252, NWA, 253,
NWA, 254, NWA, 255, NWA, 256,
NWA, 257, NWA, 258, NWA, 259,
NWA, 260, NWA, 261, NWA, 262,
NWA, 263, NWA, 264, NWA, 265,
NWA, 266, NWA, 267, NWA, 268,
NWA, 269, NWA, 270, NWA, 271,
NWA, 272, NWA, 273, NWA, 274,
NWA, 275, NWA, 276, NWA, 277,
NWA, 278, NWA, 279, NWA, 280,
NWA, 281, NWA, 282, NWA, 283,
NWA, 284, NWA, 285, NWA, 286,
NWA, 287, NWA, 288, NWA, 289,
NWA, 290, NWA, 291, NWA, 292,
NWA, 293, NWA, 294, NWA, 295,
NWA, 296, NWA, 297, NWA, 298,
NWA, 299, NWA, 300, NWA, 301,
NWA, 302, NWA, 303, NWA, 304,
NWA, 305, NWA, 306, NWA, 307,
NWA, 308, NWA, 309, NWA, 310,
NWA, 311, NWA, 312, NWA, 313,
NWA, 314, NWA, 315, NWA, 316,
NWA, 317, NWA, 318, NWA, 319,
NWA, 320, NWA, 321, NWA, 322,
NWA, 323, NWA, 324, NWA, 325,
NWA, 326, NWA, 327, NWA, 328,
NWA, 329, NWA, 330, NWA, 331,
NWA, 332, NWA, 333, NWA, 334,
NWA, 335, NWA, 336, NWA, 337,
NWA, 338, NWA, 339, NWA, 340,
NWA, 341, NWA, 342, NWA, 343,
NWA, 344, NWA, 345, NWA, 346,
NWA, 347, NWA, 348, NWA, 349,
NWA, 350, NWA, 351, NWA, 352,
NWA, 353, NWA, 354, NWA, 355,
NWA, 356, NWA, 357, NWA, 358,
NWA, 359, NWA, 360, NWA, 361,
NWA, 362, NWA, 363, NWA, 364,
NWA, 365, NWA, 366, NWA, 367,
NWA, 368, NWA, 369, NWA, 370,
NWA, 371, NWA, 372, NWA, 373,
NWA, 374, NWA, 375, NWA, 376,
NWA, 377, NWA, 378, NWA, 379,
NWA, 380, NWA, 381, NWA, 382,
NWA, 383, NWA, 384, NWA, 385,
NWA, 386, NWA, 387, NWA, 388,
NWA, 389, NWA, 390, NWA, 391,
NWA, 392, NWA, 393, NWA, 394,
NWA, 395, NWA, 396, NWA, 397,
NWA, 398, NWA, 399, NWA, 400,
NWA, 401, NWA, 402, NWA, 403,
NWA, 404, NWA, 405, NWA, 406,
NWA, 407, NWA, 408, NWA, 409,
NWA, 410, NWA, 411, NWA, 412,
NWA, 413, NWA, 414, NWA, 415,
NWA, 416, NWA, 417, NWA, 418,
NWA, 419, NWA, 420, NWA, 421,
NWA, 422, NWA, 423, NWA, 424,
NWA, 425, NWA, 426, NWA, 427,
NWA, 428, NWA, 429, NWA, 430,
NWA, 431, NWA, 432, NWA, 433,
NWA, 434, NWA, 435, NWA, 436,
NWA, 437, NWA, 438, NWA, 439,
NWA, 440, NWA, 441, NWA, 442,
NWA, 443, NWA, 444, NWA, 445,
NWA, 446, NWA, 447, NWA, 448,
NWA, 449, NWA, 450, NWA, 451,
NWA, 452, NWA, 453, NWA, 454,
NWA, 455, NWA, 45

JUNIOR OLYMPIC STATE CHAMPIONSHIPS-1978

Council Meeting, Nov. 29-30, 1991 Levels of Achievement—1, Cedar Rapids Academy of Music, Level 4 ages 8-11 A.C.—1, Eda King, CRAC. 2, Molly Bowman,

[illegible]**TEXAS STATE
CHAMPIONSHIPS LEVEL 7**

March 2-3, 1994, The Woodlands, Texas Level 7 Team: Coach: Wendy Hays, Captains: Wendy Hays, Jeffery Nelson, Andrew Loeber, SG's: 1, Josh Jones, Whores: Phila Potelovics, Vashli, Brian and Phoebe. 1. Brooks, Bars: 1, Cheryl Lancaster, Kordely Level 7 (214-A-A-3), Connor Campbell, SG's: 2, Carrie Tinsley, Kaiti Kapa, 3, Leticia Ponce, Kordely Vashli-4, Campbell Bars: 1, Kim Hammett, KGC Bars: 1, Young Phoebe-1, Eugene Lanks, Gyns Cat Level 7 and on A-A-1, Halia Taylor, Amanda Gyns, 2, Jenny Hays, Michelle Fahn 7MGA, 3, Stephanie Calton, Marquise Bars: 1, Cohen Bars: 1, Elder Phoebe, Sosa Vassilovski, Andy

TEXAS STATE
CHAMPIONSHIP: LEVEL 2

[illegible]

**TEXAS STATE CHAMPION
SHIPS LEVEL 9 & 10**

March 23, 1991, Pasadena, Texas
 1990-1991
 1. Kennedy-Horowitz, DSC, three—
 2. Glance Lee, SDEA, two—
 3. Bazzoli Place—1, Emily Brown—
 4. Chris Level 13 and up A—
 5. Shari Albritton, Glad and Samanthra
 South, Laroceta 3, Mervia Jackson
 CDO's Veach—1 South Ben, Brown
 and Place—2, Allington

LOVE STAR INVITATIONAL

1. World, Texas, January 30-31
1991 Level 7 (Iron Champion)—
Dallas County, Texas: Level 7 5-11
A.A.—1, Kelly Wilcox, River City;
2, Elizabeth Nappier, Lone Star;
3, Amber Kells, River City; Vault—
Kelly Barn and Beans—1, Megan
Lund 5-12, Wilson, Level 7 12-14
A.A.—1, Kim Himmelfarb, DGC;
2, Nancy Greenberg, Hill Country;
3, Jennifer Greenberg, Hill Country;
Vault—1, Kim Himmelfarb, DGC
and Beans—1, Himmelfarb Place and
Beans; Breakdown Level 7 15 and
up A.A.—1, Krista Hill, DGC; All
events—1, the Lovell's Team, Cham-
pion—5, Richardson Gymnasts—
Level 8 5-11 A.A.—1, Anna
Curry, Richardson; 2, Jenna
Powers, Lone Star; 3, Neke Demery,
City Country; Vault and Floor—1,
Looney, Hardland Beans—1, Purcell
Level 8 12-14 A.A.—1, Maggie
Sullivan, Texas—1, Maggie
Sullivan, Texas—1, Maggie Sullivan,
Pompano Beach; 2, Anna Boud,
Carroll, Richardson; Vault—1, Katie
Carmelli, DGC; Bars—1,
Pompano Beach; 2, Heather
Flores—1, Michelle Richard, Lucy's
Level 8 15 and up A.A.—5, Molly
Neville, Metairie; 2, Wendy
Hill, Lone Star; 3, Sara Haffner,
Richardson; Vault—1, Janyla
Chabrows, Trevino's; Bars and
Beans—1, Anna Rose—1, Mary
Rose—1, Anna Rose—1, Mary

MICHIGAN STATE MEET

First, Michigan, January 12-13, 1991: Lewis & Clark A.A.—1 Jane McIntosh, Great Lakes; 2, Molly O'Connor, Great Lakes; 1, Tracy Beckman, Great Lakes. Vinyls—1, Sarah Jones, Baker-Cyus Dam—1, O'Connor Brown and Race—1, McIntosh Lewis: A.A.—1, Andy McIntosh, C.T.C. 2, McIntosh

[illegible]

[illegible]

**TENTH ANNUAL FARMERS
FRANCH INVITATIONAL**

[illegible][illegible]

RHYTHMIC

[illegible][illegible]

OHIO STATE REG CHAMPIONSHIPS

[illegible]

INDIANA STATE ASD CHAMPIONSHIPS

February 6, Philadelphia, Indiana
Class II (A)—A.A.—1, Mary Gable.
RSC Express Class III (A)—A.A.—
Amy Hansen, RSC Express Class
III (A)—A.A.—1, Carmen Rogers.
RSC Express 2, Kelle Murphy. RSC Ex-
press Class III Children (A)—A.A.—
Amy Holsinger. RSC Express 2.
Sara Miller, RSC Express Class II
Services RSC—1. The new effort,
given by Miss Ball—1. Dean
Grier. Derby City RSC. Ruben
and Opheelia—1. RSC
Buckwheat, North Coast RSC.
Class II (A). All events—1, Rogers
Class II Children All events—1,
Buckwheat.

KENTUCKY STATE RSG CHAMPIONSHIPS

February 9-10, Longsville, Kentucky Class I St. A A—1, Frontier Stable, George Turney, 3, Carolina Stable, Harold Cantel MD—3, Kumblerly Ranch, Savan Turney, Class I A, A A—1, Marysville Stable

[illegible]

MICHIGAN STATE RSO CHAMPIONSHIPS

[illegible]

U.S.-'91

OLYMPIC FESTIVAL

The nation's finest athletes gathered in Los Angeles, Calif. from July 12-21 to compete in the U.S. Olympic Festival—'91. This competition mirrors the Olympic Games in both structure and format. The U.S. Olympic Festival has today become America's foremost amateur sports showcase. The 10-day event features more than 1,200 coaches and trainers assisting 3,000 athletes, as they compete in 37 sports for 2,114 medals.

The rhythmic competition was held July 13-14, the men's competition on July 18 and 20 and the women's competition took place on July 19 and 21—all on the beautiful UCLA campus.

BY LOAN PESZER

A full-page photograph of a young female gymnast, Shelley Engel, in the middle of a performance. She is wearing a red leotard with a white and blue diagonal sash. Her arms are outstretched, and her legs are in a wide, powerful stance. The background is a blurred crowd of spectators in a gymnasium. A red text box is overlaid on the bottom left.

**SHELLEY ENGEL,
THE CALIFORNIA
NATIVE, WON THE
1991 U.S.
OLYMPIC FESTIVAL
ALL-AROUND
TITLE WITH A
SCORE OF 38.525.**

SOUTH SWINGS AHEAD

The women's team competition at the U.S. Olympic Festival '91 was extremely competitive. Each of the four teams was in the lead at some point during the competition.

After round one, the West team led, round two the East team and round three the North team. However, the South team, which was in last place after rounds one and two, pulled to the lead after the final and most important round to win the team competition.

The South team's last event was bars and Kim Bonaventura started the momentum flowing with a score of 9.60. Lanna Apisuekh added a 9.625 to the team score, followed by Li Li Leung's 9.675. Next up was Denise Peters, who scored an impressive 9.75. Kristin Duff and Heidi Hornbeck followed with scores of 9.625 and 9.575, respectively. The



©Olympic Festival '91

Champion South Team's Lanna Apisuekh, Heidi Hornbeck, Li Li Leung, Kim Bonaventura, Denise Peters and Kristin Duff

South team's bars catapulted them to the winner's stand!

Coach Kevin Brown said, "We were in last place after the first two rounds. I knew bars was our best event and we had to hit."

The South team's final score was 189.9 to the North team's 189.575. The East and West teams were right behind the leaders with scores of 189.35 and 188.775.

The North team included Juliet Bergerler, Gina Jackson, Jennifer Merchie, Maria Neubauer, Summer Reid and Tiffany Simpson and was coached by Desert Devil's Jon Aiken.

Coached by Debbie Karbachuck from Cypress Academy, the East team included Leslie Angeles, Kate Fitzpatrick, Laura French, Suzanne Metz, Tracy Sommer and Chelle Stock.

The West team coached by SCATS' Julie Knight included Amy Chow, Shelley Engel, Larissa Fontaine, Cass Lopper, Karin Lichey and Molly Shawen.

ALL-AROUND

The hometown favorite, Shelley Engel, made her fans proud by winning the all-around championship title with a score of 38.525.

It was touch and go for Engel after round two, when she crossed her Yeager series on bars and tumbled to the ground, scoring only a 9.10.

However, this 15-year-old fought back with all her might to post scores of 9.875 and 9.75 on beam and floor, respectively.

Engel's beam routine included a round off flip flop mount, a flip flop layout, a

cartwheel side flip (which is a completely blind move) and a round off double back dismount. Her difficulty on beam was unmatched at the U.S. Olympic Festival.

On floor, Engel's passes were a full twisting double back, a whip back to two flip flops, double back and she dismounted with a double back.

"I was really happy when I heard I won," said the always smiling Engel. "I knew after my fall on bars that I had to do well on beam and floor."

Engel, from SCATS Gymnastics in Huntington Beach, Calif., admits that this was her most exciting competition thus far. Coach Don Peters said, "Shelley is the easiest to work with that I've ever had in my 23 years of coaching. She's always beam-



Jennifer Merchie

ing, pleasant, happy and gives 100 percent."

Another hometown favorite, Denise Ferro, earned the silver medal in the all-around with a score of 38.375—15 tenths of a point behind Engel. Being Ferro's top finish in a national competition, she said, "It's my hometown and I wanted to do well."

And she certainly did, scoring the top score of the competition on bars, 9.75.

"That's the best score I've ever received on bars," said 15-year-old Ferro.

A Covina, Calif. native, Ferro trains at Charter Oak Gliders with her coaches Steve and Beth Rybacki.

The bronze all-around medal was awarded to 17-year-old Jennifer Mercer from Parkettes in Allentown, Pa. Mercer scored a 38.30—only 225 tenths of a point from the winner. Her highest score of the competition was a 9.60 on balance beam.

"I'm very happy with today," said Mercer.

In her third year on the national team, Mercer is

coached by Bill and Donna Strauss.

Suzanne Metz, from American Twisters in Pompano Beach, Fla., earned fourth-all-around with a score of 38.275 in her last USGF competition. Metz, 18, is coached by Tim Reid and will attend the University of Utah in the fall.

Kristin Duff, 14, placed fifth with a 38.15. Duff trains at Karen's Gymnastics in Fairfax, Va., and is coached by Milan Stanovich. Duff throws an Arabian double front on floor. To our knowledge, she's the only U.S. female to ever compete this skill.

With a score of 38.075, Summer Reid and Chelle Stack tied for sixth position. Reid, 14, trains in Sparks, Nev. at Hips Gymnastics with her coach Ned Reznick.

Stack, 17, at the time of the competition, trains at Cypress Academy in Houston, Texas with Debbie Kutschack. Stack was in the lead after round two of the competition, but fell on her full twisting double back on floor



Denise Ferro-Olympic Festival Beam Champion

and scored a 9.45, which pulled her down in the standings.

Rounding out the top 10 were Desert Devils Tiffany Sampson, North Stars Team Sorcerer and Aerosol Gymnastics' Larissa Fontaine.

FINALS

Finals, which featured the top six gymnasts in each event from the all-around competition, drew 6,225, the largest gymnastics crowd for the festival. And the crowd didn't go away disappointed!

On vault Kristin Duff executed a Yurchenko layout full for the first vault, 9.775, and a Yurchenko layout for the second vault, 9.50, for an average score of 9.637.

Chelle Stack led the pack on bars with a score of 9.70. Stack throws a Tkatchev, Yager, giant full pirouette and dismounts with a full twisting double back fly-

away. Her routine was the most consistent of the competition.

Denise Ferro earned the beam gold medal with a 9.775, the highest score of the competition. Ferro's routine includes a press mount, flip flop, layout, layout tierce, crow and three quarters wolf turn, a gainer layout and dismounts with a round off, flip flop, double back. Unfortunately, Ferro injured her heel on the landing and had to walk with crutches onto the awards stand.

Beth Rybacki said, "She finally did her beam routine like she does it in practice all the time."

Floor exercise went to Shelley Engel with a score of 9.75. Engel earned a total of three medals—two gold for the all-around and floor and a silver on beam.



Chelle Stack-Olympic Festival Bars Champion

U.S. OLYMPIC FESTIVAL-'91

NORTH STORMS BACK

It was a battle between the East and the North teams for the men's championship title at the U.S. Olympic Festival—'91.

The East team, coached by Dennis McIntyre, took an early lead on rings with Jason Christie scoring 9.25, Mark Seyler 9.2, Ted Rowe 9.2, Kerry Huxton 9.1, Marcus Jordan 9.55 and Kyle Asano 9.35. However, the North gained the lead after rotation three, high bar, by six tenths of a point.

The East team dominated after the fourth round

by a half of a point, but the North team stormed back to the lead position and remained in the top spot through the end of the competition.

It was an exciting and unpredictable team competition and the North team won with a score of 238.1 to the East team's 235.5.

North team members included Drew Darbin, Jair Lynch, Steve McCain, Kap Simons, Greg Humphrey, and Jason Whitfield. The North team was coached by Henrik Vareteyan.

The bronze medal win-

ners from the West team, coached by Sacho Hamada, included Garry Denk, Dennis Harrison, Tom Meadows, Tyler Vogt and Brian Yee.

Scoring 270.95, and in fourth place, was the team from the South. The South, coached by Tim Erwin, included Ricardo Cheneil, Jason Cohen, Jamie Ellis, David St. Pierre and Jay Thornton.

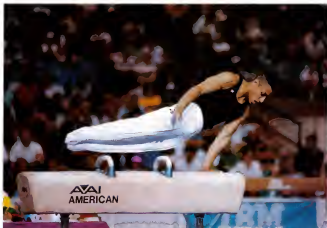
ALL-AROUND

In the all-around competition, Jair Lynch from Stanford University won

the title with a 57.85. Earning two titles in two years, 1990 U.S. Junior National Champion and 1991 U.S. Olympic Festival Champion, Lynch felt great about the win.

"For the first time I feel older than everyone else," said 19-year-old Lynch. "Coming back into a team environment is nice. I tried to help out the younger guys."

Lynch scored the highest mark of the competition, a 9.85 on pommel horse, which also happens to be his favorite event. His



Jair Lynch added three more gold medals to his all-around and team golds during the event finals.

©Graham Stewart/T. Spence 1991



The team from the North won the team championship title.

lowest mark of the competition was a 9.30 on rings. Coached by Sadeo Homada, Lynch is a junior in the engineering program and plans to beef up his routines in order to make the 1992 Olympic Team.

Dennis Harrison, from the University of Nebraska, was leading the competition after round four but was overtaken by Lynch when he made a mistake on high bar and scored only an 8.70. Harrison, 19, earned the silver medal in the all-around with a 56.25.

"I'm fairly happy with my performances," said Harrison. "I wasn't prepared for high bar. I've been having trouble with my dismount. I don't have the confidence I need."

The veteran of the group at age 24, David St. Pierre, earned the bronze medal with a score of 55.90. St. Pierre led the competition during the first two rounds but had problems on vault and parallel bars, scoring an 8.85 and an 8.40,

respectively.

"I'm a little disappointed," said St. Pierre. "On vault I went for the Kasamatsu full twist and I should have played it safe and done just a plain Kasamatsu."

Currently, St. Pierre trains at Broadway Gymnastics School in California with Vanetsyan. St. Pierre graduated from UCLA and has a degree in anthropology and a minor in business. He's doing private gymnastics training with adults now, but would like to get into the movie business.

Kyle Asano from Stanford Gymnastics Club took fourth all-around with a 55.80. Twenty-year-old Asano, coached by Homada, scored a 9.75 on high bar complete with a Gaylord and triple back dismount. Asano's downfall was floor, 8.70, and vault, 8.95.

Fifth all-around went to Marcus Jordan with a 55.50. Jordan, 20, attends the Uni-

versity of Oklahoma and is coached by Greg Burwick. His highest scoring events were rings and high bar with scores of 9.55 each. Jordan took a fall on pommel horse scoring only an 8.40, which held him back to the all-around standings.

Brian Yee, 17, from Calhoun's Gymnastics in Houston, Texas, finished sixth in the all-around with a 55.0, followed by Steve McCann with a 54.45. McCann, 17, trains with coach Tim Brown at Houston Gymnastics.

Rounding out the top 10 were the University of Illinois' Ricardo Chinel, Drew Durbin from Columbus Gymnastics Academy and Tom Meadows from the University of Oklahoma.

FINALS

Jar Lynch added three more gold medals to his all-



Dennis Harrison earned the all-around silver medal.

around and team golds during the individual event finals. Lynch's three gold medals has the Olympic Festival gymnastics record set by Scott Johnson in 1983 and Bill Roth in 1990.

"This is a very important meet for me," said Lynch. "It will help my confidence. Now, when I go into meets with the older guys, I'll feel more prepared."

Lynch won pommel horse with a score of 9.90. His strength on this event is his longitudinal travel work. His mount is a very complicated sequence involving a Magyar travel with half turn over each pommel. His difficulty and originality was superior to the other competitors outdistancing the second placed finisher by .25 of a point.



COURTESY: USA GYMNASTICS

David St. Pierre won the bronze medal in the all-around.

Lynch won parallel bars with a score of 9.70. He dismounted with a well executed double front salto. Lynch has a smooth style making difficult skills look easy.

Again Lynch's high bar routine contained a high degree of difficulty and originality resulting in a score of 9.70. He does a Tkatchev catch in a mixed grip to an immediate Endo. Lynch dismounts with a Fluffus (double front tuck out).

Kerry Huston woke up the crowd quickly with his opening floor pass which included a front hand-spring, front handspring, piked one-and-three-quarters salto. Now, with the crowd warmed up, Huston came back with his most difficult pass—front hand-spring, layout front, layout front, front one-and-a-quarter. He dismounted with a full twisting double back.

This routine earned Huston a 9.65 and the gold medal.

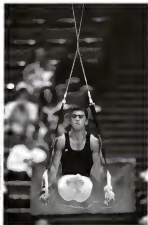
Dennis Harrison won vault, 9.60, with his layout Kasamatsu. He combined a rare combination of height, distance and stretch on his vault.

Jason Whitfield was by far the crowd's favorite of the evening, winning rings with a score of 9.80. For the first time in this country, Whitfield used cross cable work with strength. He pressed in an inverted cross and turned 180 degrees while remaining in the invert.

"I've been doing this sequence since September," said Whitfield. "Nobody else does it so maybe one day it will be called the Whitfield."

From the reaction of the crowd and the judges scores, we'll see a lot more of the cross cable work in future competitions.

Jason Whitfield won rings with his innovative cross cable work.



COURTESY: USA GYMNASTICS

OLYMPIC FESTIVAL '91

WOMEN'S ALL-AROUND RESULTS

#	NAME	TEAM	SCORE
1	Shelley Engel	West	38.525
2	Denise Ferro	South	38.375
3	Jennifer Mancini	North	38.300
4	Suzanne Metz	East	38.275
5	Kristin Duff	South	38.150
6	Summer Bird	North	38.075
6	Chelle Stock	East	38.075
8	Tiffany Simpson	North	37.975
9	Traci Sommer	East	37.925
10	Larissa Fontaine	West	37.875

Vault

1	Kristin Duff	9.625	1	Denise Ferro	9.775
2	Chelle Stock	9.585	2	Shelley Engel	9.700
3	Maria Neubauer	9.450	2	Jennifer Mancini	9.700

Uneven Bars

1	Chelle Stock	9.700	1	Shelley Engel	9.750
2	Kristin Duff	9.675	2	Traci Sommer	9.675
3	Gina Jackson	9.575	3	Jennifer Mancini	9.550

Balance Beam

1	Denise Ferro	9.775
2	Shelley Engel	9.700
2	Jennifer Mancini	9.700

Floor

1	Shelley Engel	9.750
2	Traci Sommer	9.675
3	Jennifer Mancini	9.550

Men's All-Around Results

#	NAME	TEAM	SCORE
1	Jair Lynch	North	57.15
2	Dennis Harrison	West	56.25
3	David St. Pierre	South	55.90
4	Kyle Asano	East	55.80
5	Marcus Jordan	East	55.50
6	Brian Yoo	West	55.00
7	Ricardo Chedid	South	54.65
7	Steve McCann	North	54.65
9	Drew Durbin	North	54.55
10	Tom Meadows	West	54.30

Floor

1	Kerry Huston	9.65	1	Dennis Harrison	9.60
2	Jair Lynch	9.50	2	Marcus Jordan	9.50
2	Marcus Jordan	9.50	3	Jay Thornton	9.30

Pommel Horse

1	Jair Lynch	9.90	1	Jair Lynch	9.75
2	David St. Pierre	9.65	2	Kyle Asano	9.60
3	Greg Umphrey	9.50	3	Marcus Jordan	9.40

Still Rings

1	Jason Whitfield	9.80	1	Jair Lynch	9.85
2	Tom Meadows	9.70	2	Kerry Huston	9.80
3	David St. Pierre	9.65	3	Drew Durbin	9.70

Vault

1	Dennis Harrison	9.60
2	Marcus Jordan	9.50
3	Jay Thornton	9.30

Parallel Bars

1	Jair Lynch	9.75
2	Kyle Asano	9.60
3	Marcus Jordan	9.40

Horizontal Bar

1	Jair Lynch	9.85
2	Kerry Huston	9.80
3	Drew Durbin	9.70

For twenty five years, Mancino has been recognized for providing high quality, innovative and safe gymnastic products. Our gym mats and Progressive Skill Builder products are designed with safety, durability and hand-crafted manufacturing quality to ensure your complete satisfaction.

In addition, Mancino is proud to offer the Amerigrip line of gymnastic leather grips. These grips are manufactured with the same high quality standards and material that all Mancino products are known for. For the best combination of gymnastic equipment look to Mancino and Amerigrip - The choice of a new generation of champions.

Call for our free 1991-1992 color catalog. Toll-Free: 800-336-6287 Fax: 215-643-1820

AMERIGRIP
AMERICAN GYM

mancino

Mancino Manufacturing Co.
4802 Bayton Street Philadelphia, PA 19114

U.S. OLYMPIC FESTIVAL-'91

LOVELL STAYS HOT IN L.A.

The U.S. Olympic Festival—'91 not only determined the event's medal winners but also determined the top three senior gymnasts who would compete in the 1991 Rhythmic World Championships on October 9-13. The competition was intense!

The weather in Los Angeles was hot and so was Jennifer Lovell as she maintained her dominant role in U.S. rhythmic gymnastics. Lovell's dramatic and expressive routines earned the all-around gold medal at the '91 U.S. Olympic Festival. She also received the highest score, a 9.50 in rope, of the two-day competition.

Coach Irina Vdovets of the Illinois Rhythmics said, "This is the best meet Jennifer has had so far and this is only the beginning." Vdovets has high expectations for Lovell including the upcoming Pan American Games and the Rhythmic World Championships.

"Jennifer is a very expressive, emotional and dedicated gymnast," said Vdovets. "She hasn't missed one day of practice in over a year."

Lovell scored a 73.60 all-around, nearly two points above her closest competitor. She said, "This is a fun meet."

When asked about her unique style, Lovell said, "I let out my personality in my routines. I'm shy to talk to people but I let it out in my routines."

Lovell, 17, is originally from Miami, Fla. but transplanted



Jennifer Lovell dazzled the crowd to become the '91 U.S. Olympic Festival Champion

LOVE: PHILIP B. DAVIS/REUTERS

herself to Evanston, Ill. so that she could train with the Illinois Rhythmic. However, dad, with video in hand, plus mom and both sisters usually make the trip to see Jennifer compete.

"Take my family to be at the competition," said Lovell. "I watch the videos my dad takes and they really help."

The current national champion and now Olympic Festival champion is eager to hit her routines in Athens, Greece, during the Rhythmic World Championships. "My goals are to just hit my routines," said Lovell. "Then I can see where I stand."

Lovell plans to change her clubs routine next year so that she'll have two dramatic routines and two "fun" routines. Currently, the only routine that she classifies as upbeat and fun is her hoop routine. "My other three routines are dramatic and serious," she said. "I want to have a better balance next year."

Naomi Hewitt-Couturier earned the silver medal in the all-around with a score of 71.75. Naomi's style



Silver medalist in the all-around, Naomi Hewitt-Couturier

is very different from Lovell's style. Naomi describes her style as not dramatic but fast-paced and fun. Naomi trains at United Nations International School in New York.

Hewitt-Couturier said, "The best part of the Olympic Festival is being on a team, competing with the

other rhythmic gymnasts, and meeting athletes in other sports."

Her highest scoring event of the competition was rope with a 35. Naomi had a problem with her hoop routine when the apparatus went out of bounds. She scored an 8.45, just enough to edge out the bronze medalist, Diane Simpson, who scored a 71.60.

Simpson, 22, is the 1990 U.S. Olympic Festival champion and former Olympian.

Coach Wdowets said, "All athletes have their ups and downs and it's necessary to overcome those."

Simpson, who's been in the sport for nine years, will attempt to overcome her "slow competition" from the Olympic Festival when she, Hewitt-Couturier and Lovell compete at the World Championships.

Fourth place in the all-around went to Christy Neuman from United Gymnastics Academy in Jacksonville, Fla. Neuman, 14, coached by Marius Davidovich, scored a 69.60

in the all-around.

Barbara Sapetto, 15, trains with the California Breeze in San Pedro, Calif. She is coached by Lydia Hres. Sapetto scored a 69.30 for fifth place in the all-around.

The top all-around junior gymnast was Caroline Hunt from Illinois Rhythmic. The juniors competed in three events the first day—rope, hoop and ribbon—and two events the second day—ball and clubs. Hunt scored 43.30 in the all-around with her highest score being a 9.0 in clubs.

Theresa Escalona, from the Miami Twisters, earned second overall for the juniors with a score of 41.25.

Lily Chung, one of the smallest competitors participating in the Olympic Festival at 4-6 and 68 pounds, was selected to light the torch during the Olympic Festival Opening Ceremonies. Chung is the only rhythmic gymnast ever honored with this duty.

Many thanks go to Valerie Zimmer, 1984 Olympian and the local host coordinator, for organizing the rhythmic competition.

SENIORS

Place	Rank	Athlete	Score
1	Sr.	Jennifer Lovell	73.60
2	Sr.	N. Hewitt-Couturier	71.75
3	Sr.	Diane Simpson	71.60
4	Sr.	Christy Neuman	69.60
5	Sr.	Barbara Sapetto	69.30
6	Sr.	Franco Abbateello	69.15
7	Sr.	Kristi Alt	65.60
8	Sr.	Lily Garcia	65.60

Seniors competed in 8 events.

JUNIORS

1	Jr.	Caroline Hunt	43.30
2	Jr.	Theresa Escalona	41.25
3	Jr.	Tamarin Luchessa	40.65
4	Jr.	Chris Tracy	39.85
5	Jr.	Jessica Davis	39.60
6	Jr.	Alison Taylor	39.00
7	Jr.	Sally Allison Ward	38.65
8	Jr.	Lily Chung	23.80

Juniors competed in 5 events.

1991 PAN AMERICAN GAMES

.....
AUGUST 1-11, 1991 • SANTIAGO, CUBA

GYMNASTICS FLASH RESULTS

WOMEN'S TEAM RESULTS

- | | |
|-----------|---------|
| 1. USA | 380.375 |
| 2. Cuba | 376.675 |
| 3. Canada | 373.825 |

MEN'S TEAM RESULTS

- | | |
|-----------|---------|
| 1. Cuba | 580.550 |
| 2. USA | 575.450 |
| 3. Mexico | 558.300 |

WOMEN'S ALL-AROUND

- | | | |
|--------------------|-----|--------|
| 1. Stephanie Woods | USA | 58.600 |
| 2. Chella Stack | USA | 58.525 |
| 3. R. Petraroli | ARG | 58.400 |
| 4. L. Parente | BRA | 58.325 |

MEN'S ALL-AROUND

- | | | |
|-------------------|-----|-------|
| 1. Erick Lopez | CUB | 58.30 |
| 2. Jose Tejeda | CUB | 58.10 |
| 3. Felix Aquilera | CUB | 57.75 |
| 4. Mike Racanelli | USA | 56.90 |
| 4. Trent Dumas | USA | 56.90 |
| 6. Mark Wieburton | USA | 56.90 |

WOMEN'S EVENT FINALS

WALLIT

- | | | |
|------------------|-----|-------|
| 1. L. Parente | BRA | 9.775 |
| 2. Woyanowska | USA | 9.662 |
| 3. Jankovic Wood | CAN | 9.600 |

BAR

- | | | |
|------------------|-----|-------|
| 1. L. Parente | BRA | 9.775 |
| 2. Mykase Fleury | CAN | 9.625 |
| 2. H. Anderson | USA | 9.625 |

BEAM

- | | | |
|--------------------|-----|-------|
| 1. S. Woods | USA | 9.750 |
| 1. L. Gonzalez | CUB | 9.700 |
| 3. D. Jimenez | CUB | 9.650 |
| 3. L. Portocarrero | GUA | 9.650 |

FLOOR

- | | | |
|-----------------|-----|-------|
| 1. Chella Stack | USA | 9.700 |
| 2. D. Nunez | CUB | 9.625 |
| 3. G. Benitez | CUB | 9.600 |

MEN'S EVENT FINALS

FLOOR

- | | | |
|-------------------|-----|-------|
| 1. Mike Racanelli | USA | 9.700 |
| 1. Damoun Merino | CUB | 9.700 |
| 3. Trent Dumas | USA | 9.550 |

POMMEL HORSE

- | | | |
|-------------------|-----|-------|
| 1. Jose Tejeda | CUB | 9.800 |
| 2. Felix Aquilera | CUB | 9.750 |
| 3. D. Minnuzzi | USA | 9.700 |

STILL RINGS

- | | | |
|------------------|-----|-------|
| 1. Damian Merino | CUB | 9.900 |
| 2. Erick Lopez | CUB | 9.825 |
| 3. Bob Steller | USA | 9.825 |

WALLIT

- | | | |
|--------------------|-----|-------|
| 1. Erick Lopez | CUB | 9.750 |
| 2. Casimiro Suarez | CUB | 9.737 |
| 3. Victor Colon | PUR | 9.700 |
| 3. A. Penche | MEX | 9.700 |

PARALLEL BARS

- | | | |
|-------------------|-----|-------|
| 1. D. Minnuzzi | USA | 9.675 |
| 1. Erick Lopez | CUB | 9.675 |
| 3. Felix Aquilera | CUB | 9.600 |
| 3. Luis Lopez | MEX | 9.600 |
| 3. I. Barrodo | ARG | 9.600 |

HIGH BAR

- | | | |
|-------------------|-----|-------|
| 1. Felix Aquilera | CUB | 9.800 |
| 2. Luis Lopez | MEX | 9.800 |
| 3. Trent Dumas | USA | 9.750 |



Stephanie Woods—1991 Pan American Games All-Around Champion and gold medalist on balance beam



THE ENERGY TO GO FURTHER

The energy to go beyond the expected. To try a little harder.

To push not just one but all limits aside. That is the energy of the U.S. Gymnastics Team. Texaco recognizes that boundless energy. An energy that enables athletes to reach new heights of performance. And we are proud to be one of their official sponsors.



FIG CHANGES FUTURE WORLD CHAMPIONSHIPS FORMAT

By Susan Pedakoff

The 1991 World Gymnastics Championships will be the last of its kind until 1995. The International Gymnastics Federation has altered the format of the World Championships, a decision officials say will have "far-reaching and long-term effects on the sport."

After 1991, the event will occur every year instead of alternating years. Each year's World Championships will use a different format. For example, the 1991 World Championships will feature team, all-around and individual event finals. Next year's event will only consist of individual event finals. Individual event champions from Indianapolis will automatically qualify for the 1992 World Championships in Paris. The schedule and format is as follows:

YEAR	HOST CITY	FORMAT
1991	Paris, France	Individual Event Finals
1993	Birmingham, England	All-Around & Individual Event Finals (no compulsory)
1994	TBA (Autumn)	Team & All-Around (no compulsory)
	TBA (Spring)	Individual Event Finals
1995	Saitama, Japan	Team, A.A. & Individual Event Finals

"The FIG wants athletes to remain in the sport and prolong their competitive lives. This change allows greater flexibility in creating new opportunities for athletes," said Mike Jacko, vice president of the FIG and president of the 1991 World Gymnastics Championships organizing committee.

KRISTIE PHILLIPS

By Jennifer Hadley

A few years ago, Kristie Phillips was known most only for her gymnastics ability, but for her cute, girlish appearance that stunned crowds and captured attention. Now, she's growing up.

Kristie, currently a second-semester freshman at Louisiana State University, has started a new era of her life. She is living on her own in an off-campus apartment, with her best friend Beth Mize.

Kristie is majoring in theater and physical therapy, with a minor in psychology. "I want to be an actress," she said. "The physical therapy is to fall back on."

Kristie, along with LSU gymnastics coach D-D Pollock, has been working with the NCAA to obtain gymnastics eligibility.

In the meantime, one of



Kristie's newest adventures at LSU is making the varsity cheerleading squad. "I love it! It's so much fun," she said. One of the reasons she likes being a cheerleader is that she gets to show her personality. "I get to dance, show off a little and be in front of a crowd," she said.

Kristie may still be capturing crowds and performing for audiences, but one thing is sure—Kristie Phillips is not a little girl anymore.

FLOOR

EXPRESS

MUSIC

240 FANTASTIC SELECTIONS

The newest catalog for artistic & rhythmic gymnastics from Barry Nease.

- The finest custom music
- Used by more than half of the U.S. Team
- Used by every NCAA National Champion Team since 1980
- Best team discounts available

4 TAPE DEMO SET - \$8.00

(FREE TO TEAMS)

FLOOR EXPRESS MUSIC

BOX 2200 • FRISCO, CO 80443

303/668-3777

92

DEMO TAPES

CHRISTY HENRICH RETIRES

By Jennifer Hadley

One might not think that a 4'11" girl would be much of a physical threat, but 19-year-old Christy Henrich is learning to be one.

Christy, who has replaced the twists and leaps of gymnastics with the kicks and blocks of tai-kwon-do, retired from international gymnastics last year after a relapse of mononucleosis left her both physically and mentally drained. "My body had had it," Christy said, explaining the injuries and other problems were taking their toll on her performances.



Christy Henrich

Now that the Missouri native has retired, she is finding time for other interests like tai-kwon-do. She trains six days a week at Molecular's Martial Arts, about 15 minutes from her home. "I'm trying to do things I've always wanted to do but haven't been able to," she said.

In the few months that Christy has been learning tai-kwon-do, she has earned a yellow belt and is progressing rapidly. One of the reasons that she is improving so quickly is that she already has flexibility, a skill new students often take a long time to develop.

Christy, whose brother Paul is a second-degree black belt in tai-kwon-do, said that gymnastics and tai-kwon-do are different in every aspect, ranging from length and formality of workout to uniform. Another big difference is that martial arts requires fixed toes, instead of the classic pointed toes of gymnastics. "That was difficult for me to get used to," she said.

Her first tournament is September in Omaha, where she will compete against other athletes in sparring matches. "It might be a little difficult sparring because I'm small," she said, "but I'm stronger than I look." Christy sees this as a possible advantage because her opponents will not expect her to be as strong as she is.

Since Christy's retirement, she has also gotten engaged to her boyfriend of two and one half years, 20-year-old Bo Moorme. They are planning for the spring of next year. Bo, who takes tai-kwon-do lessons with Christy, is a cartoonist looking for a syndication opportunity. If his work is eventually animated, Christy will be doing the voice of one of his characters, a bug named Twinky.

Christy has also been attending Blue Springs Longview, a community college in Missouri, where she is majoring in physical therapy.



Kings, Queens, Presidents and Prime Ministers aren't the only royalty invited to the White House. The red carpet is also rolled out for the "First Lady" of American gymnastics—Mary Lou Retton. Retton enjoys a private moment with First Lady Barbara Bush.

RUSTY MITCHELL INTO HALL OF FAME

Rusty Mitchell, who celebrated his 25th year as men's gymnastics coach for the University of New Mexico, was the 42nd inductee into the Albuquerque Sports Hall of Fame.

Mitchell, who was inducted into the National Collegiate Hall of Fame in 1985, is a 1964 graduate of Southern Illinois University. Mitchell has been the U.S. Olympic coach twice. He was also head U.S. coach at the World University Games in 1973 and the World Games in 1974.

In addition, he was the first gymnast ever to successfully perform a double back flip in Olympic competition (Tokyo, 1964). Mitchell also won three individual NCAA titles while he was a Siskiyou at SIU, under coach Bill Meade.

He showed as the Midwest Collegiate Coach of the Year three times in the past five years.



COACHES AND ATHLETES OF THE YEAR

The Athlete and Coach of the Year awards were presented at this year's U.S. National Championships banquet in Cincinnati, Ohio. The selections were made by the respective U.S. National Team Coaches and U.S. National Team Members.



MEN'S COACH OF THE YEAR
Art Sharlock
UCLA



MEN'S COACH OF THE YEAR
Yefim Furman
UCLA



MEN'S ATHLETE OF THE YEAR
Chris Waller
UCLA



WOMEN'S COACH OF THE YEAR
Tony Gehman
North Stars



WOMEN'S ATHLETE OF THE YEAR
Sandy Woolsey
Desert Devils



WOMEN'S ATHLETE OF THE YEAR
Kim Kelly
Parkettes

UP AND COMING AWARD

Each year the Women's Sports Foundation presents "Up and Coming Awards" to 10 female athletes who have distinguished themselves in their sport and have shown promise of becoming America's next world champion.

This year, 14-year-old Shannon Miller from Edmond, Okla. was presented this award in the artistic category. This award honors Miller's impressive development and exceptional performance in gymnastics.

Miller, at age 13, was the first American to win the all-around title at the 1990 Catania Cup competition in Italy. Steve Numan is Shannon's coach at Dynamo Gymnastics. Miller also maintains a 4.0 grade point average in school.



Shannon Miller

In addition to the "Up and Coming Award," the Women's Sports Foundation also selects individuals into the WSP Suggested International Women's Sports Hall of Fame.

This year two former gymnasts were selected into the Hall of Fame—Maribel Grossfeld in the coaches category and Věra Caslavská in the contemporary athlete category.

Grossfeld, a three-time Olympian and three-time Olympic Coach, currently serves as a USGF Elite Clinician who travels the country to assist national team members. As a former judge, she is also a member of the USGF National Training Camp staff. These are just a few of Grossfeld's many accomplishments and contributions to the sport of gymnastics.

Caslavská is one of the few women to win consecutive Olympic all-around titles. She dominated the 1964 and 1968 Olympic Games as well as the 1966 World Championships. Caslavská was the only female gymnast from Czechoslovakia to win a World or Olympic all-around title and she won four medals in '64 and another six in '68.

IN THE NEWS

MIKE JACKI ELECTED TO ATLANTA COMMITTEE FOR THE 1996 OLYMPIC GAMES

United States Gymnastics Federation's Executive Director, Mike Jacki, has been selected by the United States Olympic Committee to serve on the Board of Directors for the 1996 Olympic Games.

Jacki, along with Sandy Baldwin, were the only two members elected to the board. Other board members include: Mr. Andrew Young, Mr. Robert M. Holden, Bishop John Hust Adams, Mr. Edward W. Bowen, Mr. Hugh M. Chapman, Dr. John P. Cresce, Mr. A.W. DeHiberg, Mr. Anita DeFazio, Mr. Robert H. Holmick, Mr. Jesse Hill, Jr., Ms. Cecilia Corbin Hunter, Mr. R. William Ide, III, Mr. Ronald L. Kriss, Mr. Raymond J. McClendon, Mr. James B. Miller, Mr. William Porter Payne, Mr. Michael P. Plant, Mr. Robert L. Roeden, Mr. James Reynolds, III, Mr. D. Raymond Riddle, Dr. Harvey W. Schiller, Ms. Marnie A. Sharpe, Mr. Horace Sibbey, Dr. LeRoy T. Walker, Mr. Perry Toles.



JULISSA GOMEZ

The USGF would like to extend our deepest sympathy to the Gomez family due to the recent death of their eldest daughter, Julissa D'Anne Gomez. Julissa passed away August 5, 1991.

Julissa was a member of the U.S. Junior National Team and placed fourth in the all-around at the 1986 U.S. Gymnastics Championships. She also placed second all-around at that year's American Classics.

In 1987, her first year competing as a senior, she finished 10th at the U.S. Gymnastics Championships.

As a national team member, she competed in Spain, France, and Canada. Julissa also competed at the 1986

U.S. Olympic Festival, finishing 22nd in the all-around. She won a silver medal on the balance beam at the 1987 Mardi Gras Invitational in Baton Rouge, and two bronze medals in the all-around and the floor exercise.

Julissa's last competition was in May, 1988 at the World Sports Fair in Japan where she was severely injured during warm ups for the vaulting competition.

Contributions can be made to the Sunshine Foundation, P.O. Box 255, Loughman, Florida 33058. Please indicate donations are on behalf of Julissa Gomez. The Sunshine Foundation is a support organization for terminally ill children.

HALL OF FAME INDUCTEES

BY GEORGE SZYMALA

Four individuals were inducted into the Amateur Athletic Foundation of Los Angeles Hall of Fame.

Leo Bordo (Gymnast/Contributor)-1948 Olympian, Cursley Hall of Fame (1979-Gymnastics Judge) 2 times Eastern Intercollegiate Gymnastics League P-Bars Champion on two Penn State NCAA Championships Teams ('42 & '43).



Les Sawary (Contributor)-Executive Director National Gymnastics Judges Association ('77-'84), USGF Executive Committee and Board of Directors ('75-'83), produced 10 High School Championship Teams; Coach of the Year NHSGA; Cursley Hall of Fame Award, 1974; (Teacher, Health & Physical Education)



Steve Cohen (Gymnast)-Nissen Award, 1968 Olympian; World Games (Dortmund, Germany); NCAA AA Champion, 1966 and 1967; Eastern Intercollegiate Gymnastics League AA Champion in 1965, 1966 and 1967. A Penn State graduate and currently a physician.



Gregg Weiss (Gymnast/Coach)-1968 Olympian; Pan Am Gold Medalist '69 and World Games Team; NCAA AA Champ '61; 3 time Eastern Intercollegiate Gymnastics League AA Champion; Penn State graduate; Former Coach at the Air Force Academy; U.S. Elite Coach for Women (Club Owner) Won Mr. Annapolis Contest 1991.



WOMEN'S U.S. CLASSIC NATIONALS

U.S. Classic Nationals took place in Huntington Beach, Calif. on May 16-19. Below are the results:

SENIORS

#	Name	Club	Score
1	Kim Kelly	Perkettos	75.650
2	Sharon Miller	Dynamo	75.150
3	Jennifer McKinnon	Eastern Nat.	75.050
4	Jennifer Meeker	Perkettos	75.050
5	Shelley Engel	SCATS	75.000
6	Dominique Doreen	Hills Angels	74.110
7	Jaliet Bangerter	Desert Devils	74.080
8	Doree Ferro	Charter Oak	74.000
9	Deanne Metz	Amey Tensai	74.000
10	Nichelle Camp	Possum Gyps	74.000
11	Marna Neubauer	Great Anser	74.770
12	Misty Minkins	Capital Gyps	74.700
13	Jenny Hansen	Northland	74.700
14	Stephanie Woods	Capital Gyps	74.590
15	Heather Kolback	Amey Tensai	74.390
16	Wendy Bruce	Brown's Gym	74.330
17	Amy Myerson	New Eng.	74.190
18	Gina Jackson	Dynamo Gym	74.180
19	Kristen Gane	Amey Tensai	74.170
20	Kim Hornbush	Cypress Acad	74.140
21	Rocky Brown	Southland Gym	74.120
22	Li Li Leung	North Stars	74.060
23	Leslie Angeles	Blake Gyps	73.960



Kim Kelly

WORLD SPORTS FAIR

The World's Sports Fair took place on May 5-6 in Tokyo, Japan. The U.S. delegation included gymnasts Kristen Duff from Karon's

Gymnastics, Heidi Hornbush from Arizona Sunrays, Kyle Asano from Stanford Gymnastics Club, and Jaz Lynch from Stanford University. The coaches were Milan Stanovick, Dan Wismethin and Sadao Hamada and the judges included Mark Williams and Linda Beran.

In the women's all-around competition, China's Li Li won the all-around with an outstanding 59.60. Hornbush finished in ninth with 57.625 and Duff placed eleventh with 56.65. Hornbush finished eighth on bars, fifth on beam and sixth on floor. Duff placed sixth on vault and sixth on beam.

Huang Liping from China won the men's all-around competition with a score of 57.60. Lynch finished seventh in the all-around with a score of 56.650 and Asano finished 10th with a 54.80.

Gymnastics Awards Book



The Proudest Way to Display Your Achievements

Come with 5 color pages and 1 metal page. Filter pages available. Sports girls or boys edition.

- Track your success from meet to meet
- Display your awards for family and friends
- Eliminate misplaced ribbons and medals

Score Book

Parents: A gymnastics Score Book makes it easy for you to follow your child's score during a meet. It also allows easy comparison from meet to meet. Small enough to fit in your pocket, large enough to back team-met scores as well.



Ask about using these products as a fundraiser for your gym.

Name _____			
Address _____			
We use UPS. Please include street address.			
CHECK FORM			
Date _____	By _____		
Product	#	Price	Total
Awards Book	_____	15.00	_____
Ribbon Pages	_____	50	_____
Metal Pages	_____	50	_____
Score Books	_____	3.00	_____
*Shipping Handling Insurance _____			
Total _____			
<p>Check/ money order 148.00 and \$1.00 for each additional book. (All items \$1.00 for \$5.00 and \$10.00 for additional items.)</p> <p>Make checks payable to Sporting Sports, P.O. Box 545, Bowling, MA 01824. No cash. No include shipping and handling charge.</p>			

JUNIORS

#	Name	Club	Score
1	A. Woyanowski	North Stars	73.725
2	Tiffany Simpson	Desert Devils	73.290
3	K. McDermott	Perkettos	74.675
4	Kristen Duff	Karon Gym	74.600
5	Cara Lapper	C.A.T.S.	73.985
6	Scott Bolagoch	Perkettos	73.625
7	Lucas Pomeroy	Kendy's	73.625
8	Rebecca Robinson	Hartford Gyps	73.475
9	Lancey Apudich	Brown's Gym	73.460
10	Heidi Hornbush	Amey Tensai	73.375
11	Gwen Spauld	Great Anser	73.450
12	Kara Lecky	Canaan Gym	73.375
13	L. Sarapopoulos	Great Lakes	73.325
14	Jennifer White	Gym Country	73.130
15	Natalie Tang	Alex Twisters	73.100
16	Amy Chue	West Valley	73.025
17	Katie Fitzpatrick	Queen City	73.000
18	Leea Wengpawee	Amey Tensai	72.675
19	Cecilia Hinch	Belmonts	72.575
20	Charlotte Ma	SCATS	72.500
21	Michael Rocholt	Cypress Acad	72.400
22	Lisa Coates	North Stars	72.300
23	Nicole Peters	Wild Moor	72.280

I N T E R N A T I O N A L

PUERTO RICO CUP COMPETITION

By Judy Delmarsky

Before an enthusiastic crowd at the Gymnastics Training Center of Carolina in San Juan, Puerto Rico, Marna Neubauer, 17, coached by Al Borg and escorted by Jir Becker of Great American Espresso, performed with elegance and grace placing third all-around behind the Puerto Rican favorite, 17-year-old Asla Canova and the tiny 4'2" first place powerhouse, 13-year-old Claudia Russen.

Marna qualified in all four events and she received a gold medal on vault, silver medal on both bars and beam and narrowly missed a gold medal by .025 on floor, again earning the silver medal.

The team competition, for both men and women, was taken by Puerto Rico.

On the all-around victory stand for the men included a bronze medal finish by the U.S.'s 17-year-old Jason Whitfield in his first international competition. Jason is coached by Kurt Golder of Converse Valley. First place Victor Colon and second place Pedro Rosado along with Pedro Torti will make up part of the Pan American Team representing their country.

Jason showed some Super D and D combinations on rings and high bar. His originality on rings which centers around a full-twisting half to a strength hold was rewarded with a first place in preliminaries. He earned two firsts on still rings and parallel bars, two seconds on pommel horse and high bar and two thirds on floor exercise and vault.



Jason Whitfield and Marna Neubauer both had great performances at the Puerto Rico Cup competition.

Worn By The Best . . .



The Pegasus Olympian has solved the problems of ice blow-out, heel snags and undue sole wear. Pegasus commitment to excellence is evidenced by our 6 month warranty on our shoes. YOU DESERVE THE BEST TO PERFORM YOUR BEST. IF YOU WANT TO BUY THE BEST, BUY PEGASUS!

PEGASUS



Pegasus Now Offers:

Wrist Supports - Eliminates costly taping. Velcro fasteners utilizing closed cell neoprene, lined with polar plus to provide therapeutic warmth to the wrist.

Gymnastic Grips - Fitted leather, glued and riveted at stress points. Available in sizes 6 - 8.

Gymnastic Floor & Travel Bags - Designed for the active athlete.

Photo Credit: Olympic gold medalists Jim Hartung & Scott Johnson

Pegasus Gymnastics Equipment, Inc. • 5036 Kipling St. • Wheat Ridge, Colorado 80033

1-800-523-0003 • Denver (303) 424-9999 • FAX (303) 424-5243

Check, C.O.D., VISA or MASTERCARD - Retail \$27.50 / pair - \$3.00 shipping (Continental U.S.A.) - Made in U.S.A. - Prices subject to change without notice.

U.S. EARN TEAM SILVER

The U.S. men's team traveled to Barcelona, Spain for the Pre-Olympic Invitational on July 25-28 and earned the team silver medal, finishing right behind the Soviet Union. The U.S. defeated Japan, Hungary, Spain and Germany.

Vitaly Scherbo won the gold medal in the all-around with a score of 116.575. Scherbo was followed by three of his teammates, Valeri Lukan, Valeri Belenky and Igor Kozhushinski. The top gymnast from the U.S. was UCLA's Scott Kowick who finished fifth with a score of 114.225. Kowick also earned the bronze medal on parallel bars. Lance Ringwald from Gold Cup Gymnastics tied for seventh and University of Oklahoma's Jarrod Hanks finished 15th.

URS	579.175
USA	568.200
JPN	565.750
HUN	562.725
ESP	555.625
GER	552.975



The top gymnast for the U.S. was UCLA's Scott Kowick, who finished fifth in the all-around.

DUTCH OPEN COMPETITION

By Jon Boulton

The Dutch Open took place in The Hague, Netherlands. The U.S. delegation included gymnasts Molly Shawen, Dominique Dawes, Bobby Seiler and Mark McKernan. Coaches Steve Ellsberry, Keith Hill and Vinny

Pazzouli also made the trip, along with judges John Boulton and Carme Ide.

Dawes had a superb competition placing second in the all-around with a 39.067 and making all four event finals. She competed a Turchenko full in finals but missed a front handspring front and had to settle for fourth place. On bars Dawes upgraded her routine with an extra Yang and finished in sixth place due to an extra swing. With the early competition jittery game, Dawes got down to business on the beam with a great routine for the silver medal. A small bobble on her mount cost her the gold. Tied for first going into finals on floor, Dawes had some tenting the landing and dropped to third place.

Shawen placed 11th all-around with a 37.323. She made finals on uneven bars



Bobby Seiler won the gold medal on floor exercise.

and finished in fourth place on that event.

First all-around was awarded to Bulgaria's Sylvia Mitova with a score of 39.161.

On the men's side of competition, the Soviet Union's Andrey Evstakov earned the gold medal with a score of 56.15. Seiler finished sixth

with a 55.40 and McKernan placed 12th with a 53.45.

Seiler won the gold medal on floor with a stock full-in, back-out dismount. He also finished third on parallel bars and sixth in vaulting. McKernan had very strong routines on both pommel horse and parallel bars.



Dominique Dawes silver medalist in the all-around.

SEIKO GRAND PRIX ARTISTIC AND RHYTHMIC COMPETITION

Melissa Grupu from Great Lakes Gymnastics, Amy Murakami from Massachusetts Gymnastics Training Center, Bianca Sapetto from

California Breeze and Kristi Alt from All's Stars competed alongside world-class gymnasts at the Seiko Grand Prix in Brisbane, Australia. John Geddert

and Bob Colaninno were the coaches. Course Makinoy was the women's judge and delegation leader and Nora Hiltz was the rhythmic judge.

Alt scored 33.8 in the all-around while Sapetto finished with an all-around score of 32.40. Bulgaria's Diana Popova won the rhythmic competition with a score of 37.50.

Alt made both the hoop and rope finals, scoring 8.15 in hoop for eighth place and 8.525 in rope for seventh place.

In the artistic dressers, Romania's Lavina Milosovic and Isabella Lacatus placed first and second in the all-around with scores of 29.75 and 29.125.

Melissa Grupu finished with an all-around score of 26.575 while Amy Murakami scored 35.825.



Kristi Alt made both hoop and rope finals.

Elite Expressions

When you practice to be the best, your music should be too.

Choose one of our outstanding demo selections or we will produce custom music "especially for you."

1991-92 DEMOS - \$5.00

**OUR MUSIC IS QUITE SIMPLY...
THE BEST.**

11755 Quail Village Way
Naples, FL 33999 813-591-3636

SUBSCRIBE TODAY!



USA Gymnastics covers important national and international competitions leading up to, and including, the 1992 Olympic Games. Get to know the gymnasts through interviews, profiles and competition results. USA Gymnastics gives comprehensive gymnastics coverage in its full color issues for only \$15.00. Foreign subscriptions \$30.00. Don't miss what USA Gymnastics has to offer.

Please enter my subscription immediately. Enclosed every check or money order for six issues of USA Gymnastics.

Name: _____
Address: _____
City: _____
State: _____ Zip: _____ Phone: _____
Check one ☐ Domestic ☐ Foreign ☐ Other _____

USA Gymnastics
Subscription
P.O. Box 10000
Irvine, CA 92714
P.O. Box 10000
Irvine, CA 92714

U S G F

SAFETY CERTIFICATION

SCHEDULED COURSES

Sunday, September 15, 1991

Indianapolis, IN - 8:00am - 3:00pm.

Robbie Montanari (314)487-1279

Edith Smith (314)878-8294

This course will be conducted in conjunction with the USGF Congress.

Friday, September 28, 1991

Fort Smith, AR - 2:00-8:00pm.

Flame Gymnastics Academy,

3812 S. 28th, Fort Smith, AR 72203

Course Dir.: Scott Wright (501)646-7723

Local Contact: Rita McMillin (501)646-7723

This course will be conducted in conjunction with the Arkansas State Coaches Meeting.

Sunday, September 23, 1991

1. Jopps, MD - 9:00am - 3:00pm at

Harford Gymnastics Ctr

701 Whitaker Mill Rd.

Jopps, MD 21085

(301)878-3718

Course Dir.: John Perna (301)848-2771

2. New Haven, CT - 9:00am - 3:00pm.

Southern Conn. State Univ., Polo Gym,

New Haven, CT

Course Dir.: Bob Beach (203)287-4485

3. Rockaway, NJ - 10:00am - 6:00pm.

GANI, Rockaway, NJ 07866

Course Dir.: Cathy Finkel (201)866-1808

Friday, September 27, 1991

Kirkland, WA - 5:00-10:30pm.

Northwest Aerobics, 12825 NE 124th St.,

Suite E

Kirkland, WA 98034

Course Dir.: Ruth Sandow (206)823-2618

Local Contact: Ruth Sandow (206)823-2618

Sunday, September 23, 1991

1. Independence, OH - 9:30am - 4:00pm at

Holiday Inn, Rockside Rd. & I-77

Independence, OH (216)224-8026

Course Dir.: Ron Gamm (216)226-2993

2. Raleigh, NC - 10:00am - 5:00pm

North Raleigh Gymnastics, 7221 Becky

Cove, Raleigh, NC 73615

Course Dir.: Don Davis (919)790-9400

3. Arlington, TX - 9:00am - 3:00pm at

Sherridon Centre Park Hotel, Sherridon East

Drive, Arlington, TX

Course Dir.: Jan Byeman (617)664-4214

This course will be conducted in conjunction with the GAT Congress.

4. Pleasanton, CA - 9:00am - 4:00pm at

Sherridon Pleasanton, 5115 Highway Rd

Pleasanton, CA 94566 (415)463-6800

Course Dir.: Hiroshi Fujimoto

(408)275-1694

Local Contact: Gay Gerlock

(415)672-4410

This course will be conducted with the USGF August Congress

Saturday & Sunday, October 19 & 20, 1991

Pargo, MD

American Gold Gymnastics

2001 17th Ave. S., Pargo, MD 28103

Course Dir.: Curt Sherkoske

(701)358-4906

Local Contact: Marren Sharp

(701)380-0409

Friday, October 25, 1991

Portland, OR - 1:00-6:30pm.

Multnomah Athletic Club

SW 18th & Salmon

P.O. Box 340, Portland OR 97207

Course Dir.: Ruth Sandow

(503)246-0518

Local Contact: Ryan Fleck

(503)223-6220

This course will be conducted in conjunction with the USGF Region 8 Meet-Congress.

Sunday, October 27, 1991

Charmes, MI - 9:30am - 3:00pm

Bonsade Gymnastics

1860 1/2 West Grand River, Suite A

Charmes, MI 48864

Course Dir.: Devo Moskowitz (317)237-5026

Local Contact: Greg Nove (317)247-1254

Thurs., October 31 & Sun., November 3 '91

San Antonio, TX

Thurs.: 3:00-6:00pm

Sun.: 9:00am - 2:30pm.

Course Dir.: Devo Moskowitz

(517)237-5026

These courses will be conducted in conjunction with the USGF Men's Program Coaches meetings.

Sunday, May 17, 1991

Columbus, Ohio

Course Dir.: Robbie Montanari

(614)487-1279

This course will be conducted in conjunction with the U.S. Gymnastics Championships

*These courses are considered USGF National Courses, and therefore the participants will be charged the group rate of \$60.00 per person.

1. The text book for the Certification Course is the USGF GYMNASIUM SAFETY MANUAL. This text/reference manual is to be purchased and studied prior to course participation.

2. This course will take approximately six hours, including the test.

3. Certification is good for four years.

4. The Course fee is \$100.00. USGF members and second cycle recertification is \$75.00. Retest cost is \$25.00.

For groups of at least 5, contact the USGF Department of Safety and Education (517) 237-5026.

Participation Registration Form

Name: Mr./Mrs./Ms. _____ Soc. Sec. # _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: (H) _____ (B) _____

Course Director: _____

Course Location: _____ Date: _____

Organization Represented: _____

IFUSGF Member, List Type and Number: _____

Form of Payment: ☐ Check ☐ Visa ☐ Mastercard

Name on Card: _____ Number: _____

Expiration Date: _____ Signature: _____

Please make checks payable in full to USGF SAFETY CERTIFICATION

Mail Registration Form and Payment to USGF, Dept. of Education & Safety:

Pen American Plaza, 301 S. Capitol Ave., Ste 308, Indianapolis, IN 46225

DO NOT WRITE BELOW THIS LINE • FOR OFFICE USE ONLY rno

Registration Form Received: _____

Confirmation Mailed: _____

gymnast provided

Winner! Frustrate All Winners! MIDWEST ACADEMY OF GYMNASTICS a suburban Chicago gym is looking for two coaches who can teach Prelevel through Level 9. 11,000 SF facility, multiple pieces of boys & girls equipment, Naess trampolines, tumbling strip and in-ground pit of 100 tons members and huge recreational and developmental programs. Salary based upon experience, benefits and super fun group to work with. Call Wendy at (708)905-6690.

Full teaching and coaching positions available, full and part time for both men and women. Please send resumes to Call Gary Anderson at the Marineros Gymnastics Club, 5636 Randolph Road, Rockville, Maryland 20852. Phone (301)924-8545. Interview to be arranged.

FULL TIME GYMNASTICS DIRECTOR position open for male speaker. Girls Program, late through Level 9 Competitive Teams. Teach and develop progressive program, heavy spotting and coaching of high level competitive teams. Experience needed. Room to develop top gymnastics program and position. Starting salary \$17,000-\$20,000 plus benefits, vacation, retirement. Contact Terry Ocker at Time Midstate, Lakeland YMCA, 3620 Cleveland Heights Blvd. Lakeland, FL 33603 (813)644-3528. Send resume with references.

COACH/INSTRUCTOR We are looking for an enthusiastic and motivated coach/instructor. Full and part-time positions available for our girls program, pre-school thru level 8, boys classes and adults. Come 4 thru 1. Our gym is in the beautiful Pioneer Valley of western Massachusetts. We have had an established program for 17 years with over 620 students, a terrific facility with pits, spotting rigs, multiple pieces of equipment, and a super and friendly staff. Salary and benefits commensurate with experience. Send resume to Anne Vander, Hampshire Gymnastics School, 84 West St., Amherst, Ma 01002 or call 413-296-6990.

HEAD COACH/PROGRAM DIRECTOR position available. Experience through Level 10 required. Director experience also helpful. Energetic, reliable, good references—a must. Salary commensurate with ability. Live in the beautiful Northwest. Spokane Elite Gymnastics and Dance, 5-11713 Montgomery, Spokane, Washington 99208.

GIRL STREAM COACH—The right person(s) will be a successful girls competitive coach level 5-10. Our 15000 sq. ft. facility is located just 80 miles from Houston and 95 miles from the gulf coast near Galveston Island. The right person must have 10+ years coaching experience as well as 10+ years floor and beam experience and will be totally responsible for the girls competitive

team along with the developmental levels. Full time position, salary depending on experience. Send resume to BGA, 7821 Gladys St., Denton, TX 77706 or phone (817)962-4021.

Palm Beach Sports Academy is expanding again and will need 2 additional coaches. Full Time Program Director for Men's and Men's Pre-school program. Full or Part Time Expert level Girls Team Coach. Championship experience needed. Can develop individual and preschool classes available for full time. Salary commensurate with experience, benefits to include paid vacation, sick pay and medical insurance. Send resume to Palm Beach Sports Academy, 4386 Oceanbreeze Blvd., #B-4, West Palm Bch., FL 33409 (407) 496-3687.

COACHING POSITION Come to St. Louis. Work in well established program with six full facilities five competitive teams levels 5-10. Position involves Head Coach Level 5 & A, Assistant Coach Levels 7-10 (working with teaching minimum amount of recreational classes and team administration. Have produced numerous State Championships teams over past three years and moving into regional activities. Looking for further advanced spotting skills or advanced floor/beam experience. Salary/benefits negotiable. Send resume to COLUMBIAN GYMNASTICS, 1580 Rishon Hill, St. Louis, MO 63146 or call 314-268-1179.

POSITION AVAILABLE—Established club of over 12 years in Denver, Colorado, has openings for Pre-school instructors and a Dance/Gymnastic Coach. Experience preferred. Salary commensurate with experience. Call Ted at (303)977-6062 or send resume to All Star Gymnastics Academy, 518 S. Court Wy., Littleton, CO 80122.

Mr. Holly, New Jersey Vision Gymnastics and Dance is a new club which emphasizes excellent basics and is looking for a coach to develop higher levels and a competitive team. A full time position is available in September for a coach willing to work with all levels. Our gym is located in rapidly growing Burlington County and is looking to expand our program. Negotiable terms and an active bonus program are based on experience and related directly to job performance. Please call (609)251-1140 and leave a message, or write to Vision Gymnastics, 8011 Box 1507C, Eastampton Business Park, Rt. 206, Mr. Holly, N.J. 08060-9648.

HIGH LEVEL TUMBLERS AND MINITRAMPOLINISTS NEEDED Anybody, a NYC gymnast or dance company is looking for male and female gymnasts in good shape to perform worldwide. Knowledge of dance and dance helpful but not necessary. Send profile and resume to Artistry, 18 W. 87th St. Apt. 3C, NYC 10019.

you, you

CLASS CONTROL Great class management software at a great price. IT'S ABOUT TIME! Professionally developed, menu driven, and easy to use. Class Rosters, Available Space, A/R, Invoicing, grouping by Responsible Party, retail sales, and much more. 90-Day money back satisfaction guarantee. Unlimited, free technical support. Now it doesn't have to be time consuming, difficult, or expensive to keep track of your students, classes, and receivables. For more information, call or write Vaughn Software Services, P.O. Box 1038, Apex, NC 27502 (919)662-0432.

RUBIN SCORES—Superfast scoring program for PC, etc., compatible, and also for MAC! Used last season at all levels, many state and regional meets, American Classic and US Classic Nationals. Easy-to-use, forgiving menu/windows. Unique features save work, prevent errors. "...the class choice over Scoremaster" says Budget Builders, Reno NV. "Our crew has been more accurate with Rubin Scores, and nothing could be faster!" Features: Shows rankings during scoring, Clear, easy-to-read results for USCA, A and B levels, Flexible age/skill divisions comparable for team, etc., Can set Rhythmic, Men's. Option for electronic flasher displays fused at LED-15558, ages 8-100. For PC, etc. \$12995 plus. For MAC, etc. \$1295 plus. Team H.S. A team version: \$1495 plus. ITD Hopper, Box 2782, Stanford, CA 94309, 415-444-0721.

Gymnastic Art Stamps St. Scott all the 1991-92 season making a perfect impression! Use these NEW and ORIGINALLY designed Rubber Stamps as a positive approach to a job well done for the younger ones or give them as a gift to your favorite gymnast or use our stamps on stationery to let people know more about you. Presently available are 12 designs for boys and 8 designs for girls. Just for your fun! Send for catalog to Jazzy Stamps, P.O. Box 51134 Phoenix, Arizona 85056 or call (602)993-2913.

SCOREMASTER is a very easy-to-use team direct management system. SCOREMASTER provides individual and team results for compulsory and optional meets. This system based on over 40 states and the local, sectional, state, regional, national and international levels. Graph and report team & individual scores over an entire season. This menu-driven system comes with an on-line tutorial and complete documentation. For more info contact Mahoney Systems, 1112 Long Paw Lane, Charlotte, NC, 28214, (704)392-7344.

CLASSMASTER is a very easy-to-use class management & accounts receivable system. CLASSMASTER automates functions such as registration, class rosters, schedules, enrollment, stream trend analysis, make-ups,

CLASSIFIED

A D S

writing, lists, payments, deposit slips, lot tickets, station billing and mailing labels. **CLASSMASTER**, a pull-down menu-driven system, is password secured and comes with an on-line tutorial, complete documentation and a 90 day money back guarantee. For more info contact Mahany Systems, 8112 Long Pine Lane, Charlotte, NC, 28224, (704) 692-7044.

Men's and Women's Gym for Sale in Marshall, Illinois. 130+ students. Can accommodate USGF sanctioned meets. Level 3-8 Cheerleading and tumbling classes. Currently leasing. Building can be bought for \$20,000. Will take 16,000 for business and equipment. Contact Ed Pearce, 314 South 4th St., Marshall, IL 62440 or call 217-826-2348.

Record your competitive accomplishments on a **PERSONALIZED GYMNASTICS CERTIFICATE OF ACHIEVEMENT**. These fine parchment certificates will attractively present YOUR personal meet record! Proudly display them with your trophies, medals and ribbons! Coaches, these are fabulous team presentation awards! Record one meet, your primary meet (national, regional, national), or your entire season. Send

your name, return address, competitive level, team name, meet entered, dates, your individual event and all-around scores along with \$6.99 (includes postage & handling) to: Preferred List Service, 534 Holdstream Way, Lawrenceville, GA 30044 or call 404-943-3902.

GYMNASTICS CLUB FOR SALE: Here's a business opportunity for that take-charge kind of a coach. WGI established, strong nationally-based, 6500 square foot, 200+ student Gymnastics Club in Alameda County, nestled in Northern California's beautiful foothills. Preschool through Level 7. Part-time staff available. This turn-key operation is growing too fast for present owner. Priced below market value. Call today. (510) 266-1325.

GYM FOR SALE—Fully equipped gym with men's and women's recreational and competitive programs. Well established clientele and programs with growth potential. Largest and longest operating gymnastics school in the area—since 1967. 5200 square foot leased facility in excellent location. Recent move out of state forces quick sale. Asking ONLY \$13,999. Please call 408-764-9346 for additional information.

ENTREPRENEUR

The Mobile Gym Creations can help you start your own gymnastics, dance or movement business wheels. We have 15 years of experience in the field and specialize in children ages 3 to 12. This business is recommended for those with strong dedication, love of children and strong P.E., gymnastics, dance and/or early childhood education backgrounds. Please call Ann Waters and Susan Enner for information or write The Mobile Gym Creations, 850 Millbrook Station, Oak Brook, IL 60110. (800) 581-6512.

CLASSIFIED AD RATES

\$20 for 99 words or less. Send Check or Money Order along with your classified ad copy to United States Gymnastics Federation, P.O. Box 100, Indianapolis, IN 46205. Deadlines are as follows:

Issue	Deadline to receive copy
Sep./Oct.	July 15
Nov./Dec.	September 15
Jan./Feb.	November 15
Mar./Apr.	January 15
May/Jun.	March 15
Jul./Aug.	May 15

SEASON'S READINGS!



Send \$5 to your favorite gymnastics coach. It's the perfect holiday gift!

1 YEAR—\$25

Single & Double \$20
After Single \$15 (all books only). Single \$10 extra. Call us, add sales tax. Allow 4-6 weeks for delivery. Visa/MasterCard accepted. Include card name, number, exp. date and authorized signature. Check is ok, payable to: **Season's Readings**, P.O. Box 1825, Bensenville, IL 60015.

Booked in payment for 1 year, subject to 10% off.

10% off

☐ General

☐ Rhythmic Gymnastics

☐ Artistic Gymnastics

☐ Coach

☐ Other

NAME

HOME PHONE

AGE

ADDRESS

CITY

STATE

ZIP



By compressing the ankle joint, the NAGSTAR SYSTEM functions similar to many well known braces. However, it cannot restrict the ankle since full range of ankle motion is maintained. It allows the gymnast to make longer and harder with less pain in ankle's valves and is particularly useful when learning new skills. If the gymnast needs to correct ankle motion, the ankle is supported and the NAGSTAR SYSTEM brought over the top.

The NAGSTAR SYSTEM has been used by members of the 1992 United States and women's Olympic, gymnastics teams. It is currently being used by levels 4-10 and elite gymnasts in most of the US and most internationally.

Since the NAGSTAR SYSTEM is a new product for gymnasts, there is a 30 day money-back guarantee. The gymnast can try the system, use it if they like it, and return it for a full refund if they feel it is not beneficial.

It is recommended that the NAGSTAR SYSTEM be purchased per gymnast, one for each ankle, they can be used to bring this.

SEE 100 page NAGSTAR SYSTEM

How gymnast can use it

How gymnast can use it

Package and handling charges for 10 NAGSTAR

systems, \$110.00

U.S.A. currency only please

Contact us for information about the 100% discount available for orders of 10 or more

Order check payable to our mail order

ARLBERG, JENNIFER, JENNIFER, JENNIFER, JENNIFER

Washington, D.C. 20541 • (202) 694-9400

For more information on the system, call 1-800-888-8888

©1992 ARLBERG, JENNIFER, JENNIFER, JENNIFER, JENNIFER



Adressat: _____

Kathy, 21, has won 7 gold medals in national gymnastics competitions for the blind including the all-around title and 4 individual event wins in 1986. Nimmer turned to these special competitions in 1984 after her sight began to progressively decrease. She's a college senior and a huge fan of gymnastics.

Abstract

Elmore, 11, earned the gold medal on the all-around with a 37.2 in the '90 Oregon State Meet for Level 6. This year she scored four gold medals and a silver on floor at the Level 7 Optional State Meet. Elmore trains at the Gym-Nest. She and her team won the '91 Level 7 Optional State Championships in Coos Bay, Oregon.



Orange Park, Florida

Rhonda, 13, is hearing impaired since birth and has been taking rhythmic gymnastics at United Gymnastics Academy in Jacksonville, Fla., for the past year. She earned the gold medal with her optional hoop routine at the '91 Region VIII Championships. She refuses to let her hearing impairment impact her performance.



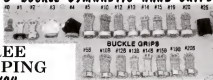
Charlotte, West Virginia

Stephanie, 11, trains at Mowrock Gymnastics and is coached by Billy Taylor. Stephanie is a two time State Champion in West Virginia—once as a Level 7 Compulsory and once as a Level 7 Optional. She has been taking gymnastics since she was four years old. Stephanie will be competing Level 7 Optional this fall.

FREE SHIPPING

WHEN YOU

PURCHASE "2" PAIR OF THE SAME STYLE!

[illegible]

G.A. Ditch, Inc.
275 Rich Valley Road
Carlisle, PA 17013

Info: (717) 667-3107 Fax: (717) 667-5566
Fax or Send your Hand Tooling for a Free E

[illegible]

NAME		
ADDRESS		
CITY	STATE	ZIP CODE
PHONE		
COURT/COUNTY OR JUDGE		EXPIRATION DATE
REMARKS		



1-800-4-A-TRUCK
 1-800-4-TRUCKS
 1-800-4-TRUCKS
 1-800-4-TRUCKS

Quinn's of B.B. will be charged accordingly.
Pay in full check, VISA, Money Order, or US
Currency Only. All prices including subject's
transportation and meals.

Students need to recognize within 10 days a jurisdiction boundaries for size, style of cover, price for its supply as long as the rights are otherwise assured. The claim is that they are not.

Insurance
As a benefit for our independent employees, we offer a group-term life insurance plan. The cost of the insurance is paid by the company.

FACES IN THE

G Y M



Laura Szczepanski
Lansing, Michigan

Laura, 13, was the '90 J.O. National Champion in the 12-14 age group. Training at Great Lakes Gymnastics Club in Lansing, Mich., with coach John Geddert, Laura represented the U.S. in Canada last summer on her first international assignment. Laura placed 10th all-around at the '91 Junior National Championships.



Kate Soche
Ottawa, Canada

Kate, a 14-year-old U.S. gymnast living in Ottawa, Canada while her dad is posted at the American Embassy, recently won the Gord Wilson Memorial Trophy as the top gymnast in her competitive category in Eastern Ontario. Kate's home is Vienna, Virginia, but she began her competitive career while living in La Paz, Bolivia.



Kyle Johnson
Moore, Oklahoma

Sixteen-year-old Kyle Johnson was on the Region 3 team this year. This is his first year as a Class 1. He was on the First Team All-Academic Team at Nationals this year. He works out at the Gymnastics Chalet in Norman, Oklahoma and is coached by Ben Fox. Kyle is a Junior at Moore High School.

Each issue of USA Gymnastics will feature several individuals who have excelled in gymnastics, either by competition, coaching or some other way. If you, or someone that you know, has achieved an accomplishment in the sport of gymnastics, write two or three sentences about the person and include a recent photograph, quality black and white or color, showing only the candidate (School or class photo would be perfect).

Send to: USA Gymnastics, Pan American Plaza, 2015 Capital Ave., Ste. 300, Indianapolis, IN 46225.

RETURNS

Jan/Feb	Nov. 15
Mar/April	Jan. 15
May/June	Mar. 15
July/August	May 15
Sep/Oct	Jul 15
Nov/Dec	Sep. 15

MUSIC FOR ARTISTIC AND RHYTHMIC GYMNASTICS

Gymnastic

For Free Brochure,
Information and
Ordering Write or Call
Gymusic 5915 LaVista Ln.
Bradenton FL 34210
(800)237-8400 ext. 492
Outside USA and Canada
Call (813)756-8425

14 KT. GOLD PENDANTS & CHAINS



Shown below left

Exquisitely designed symbols of achievement,
crafted in precious 14 kt. gold.

- a. Female - The Pommel
14kt. gold - \$19
- b. Female - Circle Stag Handstand
14kt. gold - \$24
- c. Male - The Pommel
14kt. gold - \$19
- d. Female - The Cross Hand Stand
14kt. gold - \$19

14kt. gold light weight rope chains
18" length - \$17, 18" - \$20
medium weight rope chain 18" - \$40

all sizes extra fee shipping, handling & insurance
plus insurance - Canada or outside orders

SPORTS JEWELRY, ETC.,
71 Plaza Real, Suite 100, Miami
33134-3344



Ribbon Awards and Medals

For Gymnastic Events

- 14 gymnastics designs available to
- many beautiful ribbon designs
- club logos may be used

For your free copy of our
color catalog call or write.

HOBBS BRACE COMPANY INC.
10 Schoolhouse Lane, Portsmouth, RI 02871
in RI call 402-3034
elsewhere 800-462-9473
Fax 402-303-9473
Over 100 Years of Excellence 800-334-3440

TALENT "ANNE" CONCENTRATION

BY TIFFANY ROWE

In 1987, Brandy Johnson was the U.S. Junior National Champion with her eyes set on the '88 Olympics. Only one year later, Brandy was the top all-around finisher for the U.S. at the 1988 Olympics in Seoul, South Korea. She vaulted from obscurity and stole America's heart, becoming the "Dorling" of gymnastics.

The tables could turn again with another Johnson just around the corner.

Anne Woynerowska, the 1991 Junior National Champion, made history at the U.S. Championships by being the first American to perform the infamous vault, a Yurchenko layout with one and a half twists.

The New Jersey resident was awarded a 9.75, the highest score of the day on that particular apparatus.

Woynerowska has been coaching the Yurchenko with a full twist for more than a year during her practices at North Stars in New Jersey.

Woynerowska and Tony Gehman together have set a goal to perfect a Yurchenko with a double twist, a vault only Eastern country gymnasts are known for, by the 1992 Olympics.

"There she will get a perfect '10,'" Gehman said in a determined, better-watch-out-everyone tone of voice.

Woynerowska is a bubbly, young gymnast with a desire to succeed, by far a naturally competitive individual. When asked how it feels to be a champion, Anne replied with a tinted red face, "It's good [like] the attention but I am very modest."

Feeling good was Gehman's intention. Woynerowska, 16, was eligible to compete with the senior women this year, but winning the junior title is part of the grand plan to make the 1992 Olympic Team.

"We were thinking about moving her to the senior division but I didn't want her to be under incredible pres-



Anne Woynerowska takes a breather after the U.S. Championships.

sure," Gehman said. "I wanted her to know what it felt like to be a champion. She first needs to develop her confidence."

Woynerowska's secret to becoming a champion is simple—concentration. She claims she notices nothing during competition. Woynerowska's intense concentration has even tired Gehman out a few times during practice, neglecting to hear his coaching techniques.

During competition, throughout even the U.S. Championships, Anne didn't compare her scores with the other gymnasts. "I just focus on myself," Anne said. "I feel all the competitors are equal."

Anne also she enjoys basketball and track, especially sprinting (which is certainly apparent on the vaulting runway). Her sister Carrie, 11, is involved

in swimming and quite good at it. Anne also has an older brother named David, who is 16.

Anne likes listening to music by the Beatles, as well as Billy Joel and Paul Collins. Her favorite television programs are the Simpsons and Living Color.

At the banquet at U.S. Championships, Gehman was named the 1991 Coach of the year. He is the first junior coach ever awarded this honor by his peers. Gehman's wife, Paula, is responsible for coaching Anne on the balance beam and deserves recognition as well.

Nothing is going to hold back this spunky gymnast. Don't be surprised if you see her following in Johnson's footsteps at the 1992 Summer Olympics in Barcelona, Spain.

U.S. GYMNASTICS



A. GYM TIME DROOPY T-SHIRT

100% cotton. Sizes Adult S-XL.
7949-4.....12.00 now 10.00

B. USA TANK TOPS

100% cotton. Sizes Adult S-XL.
6468-4 Blue.....10.00 now 7.00
6469-4 Red.....10.00 now 7.00

C. TACUASTICS T-SHIRT

100% cotton. Sizes Adult S-XL.
7121-4.....12.00 now 10.00

D. USF LONG SLEEVE T-SHIRT

50/50 blend. Adult sizes S-XL.
6461-4 White.....22.95
6471-4 Red.....22.95
6481-4 Navy.....22.95

E. USF LONG T-SHIRT

50/50 blend. White shirt is available in Youth S-L and Adult S-XL. Navy and Red Adult S-XL only.
5831-7 White.....7.95
5831-4 Red.....7.95
5831-4 Navy.....7.95

F. WORKOUT BAG

18" x18" nylon bag
5421.....9.95

G. BRIEFCASE

Nylon zip around briefcase.
5541.....12.00

H. I LOVE GYMNASTICS STICKER

4431.....1.50



I. TRAVEL KIT

Nylon 6 1/2" x10"
5552.....6.50

J. USF PLY-ON-A-STRING

Screwed with the three team logos & USA Gymnastics.
4465.....3.50

K. I LOVE GYMNASTICS BUTTON

4484.....1.00

NEW ITEMS AVAILABLE

Promote the spirit of the "USA" with the USA Gymnastics button, Bananasticker and beach towel! With these patriotic items you can display your support for our national team members preparing for the '92 Barcelona Olympic Games.

USA BUMPERSTICKER

4402.....1.50

USA BUTTON

4406.....2.00

BEACH TOWEL

5701 (36" x 60").....24.95

L. USF COFFEE MUG

screwed on two sides, the gold ink is microwave safe.
3700.....7.00

M. GYMNASTICS SHOULDER

White latex with red ink
4401.....3.00

N. CANVAS TOTE BAG

5411.....7.95

O. USF LONG PATCH 3" diameter

7201.....2.50



Charge to ☐ Visa ☐ MasterCard ☐ Card # _____ Exp. Date _____

Name _____

Address _____

City _____

State _____

Phone (____) _____

Order #	Qty	Size	Description	Price	Total

Shipping & Handling fee

Add 10% order fee for orders over \$50.00

Total amount

Order by phone with
VISA or MasterCard
317/237-5060



USGF Merchandise
P.O. Box 1942
Indianapolis, IN
46201-5562
361 491

Shipping & Handling Charges
Purchase \$50 & under - \$6.50
Purchase \$50.01 - \$99.99 - \$8.50
Purchase \$100.00 - \$49.99 - \$10.50



Alpha Factor. Fit for champions.

What separates a champion from the rest of the field? Natural ability and coaching can only take an athlete so far. Invariably, the contributing factors in a competitor's rise to the top of their sport come from within. Dedication, innovation and determination to be first. And best.

We are proud to be associated with many champions around the world who have chosen to compete, and win, in Alpha Factor gymnastic wear. We share their commitment to excellence and dogged pursuit of perfection. It shows in every garment. Superior design and construction, the highest quality materials, skilled craftsmanship and prompt service—a clear reflection of our dedication, innovation and determination to be first. And best. It's what separates us from the rest of the field. Alpha Factor. Fit for champions.

Our catalog is available to schools, clubs and businesses (send request on official letterhead). All others please include \$3.00.